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# **ANNUAL REPORT**

## **STUDENT INITIATIVE IN PALLIATIVE CARE**

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**MARKAZ ARTS AND SCIENCE COLLEGE, ATHAVANAD**

**(Affiliated to the university of Calicut)**

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## STUDENT INITIATIVE IN PALLIATIVE CARE

A student initiative in palliative care typically involves students from various disciplines coming together to advocate for and contribute to the field of palliative care. These initiatives often focus on raising awareness, educating peers and communities, providing support to patients and families, and promoting research and innovation in palliative care practices. Through volunteering, organizing events, and collaborating with professionals, students can play a vital role in improving the quality of life for individuals facing serious illness and their loved ones.

### VISION

To cultivate students who possess a deep understanding of palliative care principles, demonstrating empathy, compassion, and competence in providing holistic care to patients and families facing serious illness.

### MISSION

The mission of student initiative in palliative care could involve educating students about the importance of palliative care, fostering interdisciplinary collaboration, promoting advocacy for palliative care services, and empowering students to become compassionate and skilled healthcare providers in the field of palliative care.

## PALLIATIVE COMMITTEE 2023-24

Student Initiative in Palliative Care 2023-2024 committee was formed in June 2023 and the **Ms. SHAMLA. A. K** was selected as SIP Campus coordinator and **Mr. FAHAD SANEEM. P. P**, second year psychology student as student coordinator of SIP. All the first-year students were added to the SIP Markaz unit.

## ACTIVITIES

### 1. PALLIATIVE AWARENESS PROGRAMME

The palliative awareness programme was conducted at the campus on 03/10/2023, 10.30am by SIP District Coordinator Mr. AJVAD KALADI. The programme was inaugurated by Mr. ABDUL GAFOOR. K-superintendent of Markaz college. The first-year students of all departments were participated and he gave them an idea about the basic principles of palliative care. The session was very active by the experience sharing, oath taking and some other activities. The students got the idea of how to empathize with patients, what is the necessity of palliative care in a society and what are their role in this process.



STUDENT INITIATIVES IN PALLIATIVE  
**PALLIATIVE AWARENESS PROGRAMME**  
MARKAZ ARTS AND SCIENCE COLLEGE, ATHAVANAD

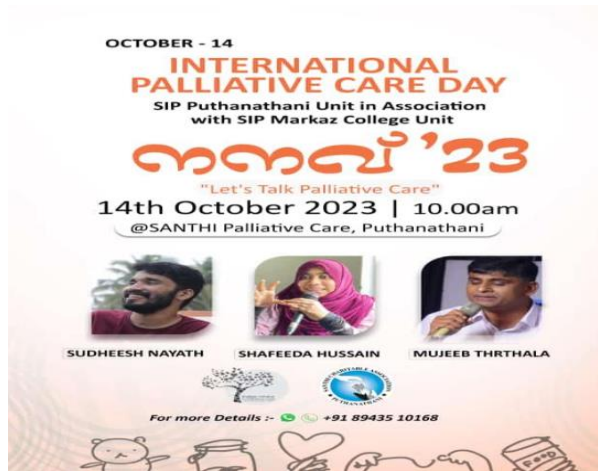
DATE	:	03 OCTOBER 2023, TUESDAY
TIME	:	10.30 AM – 11.30 AM
WELCOME SPEECH	:	Ms. SHAMLA, A.K (SIP, CAMPUS COORDINATOR)
PRESIDENTIAL ADDRESS:	:	Mr. MOHAMMED SHAFI, C C (VICE PRINCIPAL & HOD, ENGLISH)
INAUGURATION	:	Mr. ABDUL GAFOOR, K (SUPERINTENDENT, MARKAZ ARTS AND SCIENCE COLLEGE, ATHAVANAD)
RESOURCES PERSON	:	Mr. AJVAD KALADI (SIP, DISTRICT COORDINATOR)
FELICITATION	:	Ms. FASEELA MP (IQAC, COORDINATOR) Mr. YASAR ARAFATH N (HOD, MANAGEMENT STUDIES)
VOTE OF THANKS	:	Mr. FAHAD (NSS VOLUNTEER)



The palliative awareness programme conducted at the campus on 03/10/2023 by SIP District Coordinator Mr. AJVAD KALADI.

## 2. NANAV

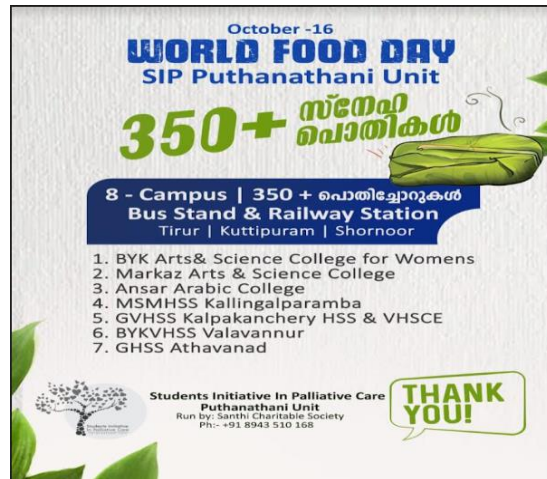
SIP Markaz unit and SIP Puthanathani unit conducted a one-day awareness programme on World Palliative Care Day -14<sup>th</sup> October 2023,10am at Santhi palliative care Puthanathani. The resource persons were SUDHEESH NAYATH, SHAFEEDA HUSSAIN and MUJEEB THRITHALA.50 Students were participated. Students got the awareness about the need and extend of palliative care in a society.



One-day awareness programme on world palliative care day -14<sup>th</sup> October 2023

### 3. POTHICHORU

SIP Markaz unit in association with SIP Puthanathani unit organized a programme "VISHAPPAKATTAN KAIKORKKAM" under the name "POTHICHORU" on October 6- World Food Day. The aim of the programme was to prepare food from home by the students and give that food to the people in streets. 16 students were participated. Students got idea about there are many people who have in need of food and how to empathize with them and what is the satisfaction of giving any help to the people in need.



"VISHAPPAKATTAN KAIKORKKAM" under the name "POTHICHORU" on October 6- World Food Day

#### 4. PALLIATIVE CARE TRAINING

Valanchery pain and palliative conducted two days -11/11/2023& 25/11/2023 training in "SANTHWANA PARICHARANATHIL PANKALIKALAVAM".32 Students were participated. Students from Valanchery municipality participated and they got training in palliative care.



**ചന്ദ്രിക**

**പാലിയേറ്റീവ് വളണ്ടിയാർ പരിശീലനം**

വളഞ്ചേരി: വിടിനും നാടിനും കരുണയും നെയ്യും പരസ്പരം സന്ദേശാവയുതുള്ളതുമായി വളർന്ന് വരുന്ന തലമുറയെ പ്രാപ്തമാക്കാനും, പാലിയേറ്റീവ് പരിചരണത്തിൽ സജീവ പങ്കാളിത്തം വഹിക്കാനും ലക്ഷ്യമിട്ട് വളഞ്ചേരി പെയിൻ ആന്റ് പാലിയേറ്റീവ് കെയർ സംഘടിപ്പിച്ച പരിശീലനം ഏറെ ശ്രദ്ധേയമായി. പ്രാദേശികാടിസ്ഥാനത്തിൽ കൂടുതൽ പങ്കാളികളായി തിരിച്ച്, കിടപ്പിലായവർക്കും, പരിചരണം ആവശ്യമുള്ളവർക്കും മെച്ചപ്പെട്ട രീതിയിൽ പരിചരണവും, മാനസിക സാമൂഹിക പിന്തുണയും നൽകുക എന്ന ലക്ഷ്യമാണ് പരിശീലനത്തിലൂടെ പങ്കാളിത്തം കൈവരിക്കേണ്ടത്. നഗരസഭയിലെ വിവിധ ഡിവിഷനുകളിൽ നിന്നും തിരഞ്ഞെടുക്കപ്പെട്ട വളണ്ടിയാർമാർ, കാർത്തല മർക്കസ്, വളഞ്ചേരി പാലിയേറ്റീവ് സെന്ററി സ്കൂൾ, എം.ഇ.എസ് ഹയർ സെക്കന്ററി സ്കൂൾ മുതൽ എമ്പയർ കോളജ്, എന്റിവിടങ്ങളിൽ നിന്നുള്ള വിദ്യാർത്ഥികൾ അടക്കം 200പേർ പരിശീലനത്തിൽ പങ്കെടുത്തു. നഗരസഭ കൗൺസിലർമാർ പാലിയേറ്റീവ് പ്രവർത്തകർ സംബന്ധിച്ചു. നഗരസഭ ചെയർമാൻ അഷ്റഫ് അബ്ദുൽ ഹംസദ്, വി.പി.എം സാലിഹ്, പി. സൈതാലിക്കുട്ടി ഹാജി പ്രസംഗിച്ചു. പാലിയേറ്റീവ് പെയിനും കെയറിലാണി നെസ്റ്റ് ഡയറക്ടറുമായ യൂനസ് പരിശീലനത്തിന് നേതൃത്വം നൽകി. 25 ന് രണ്ടാംഘട്ട പരിശീലനം നടത്തും.



Two days -11/11/2023& 25/11/2023 training in "SANTHWANA PARICHARANATHIL PANKALIKALAVAM"

## **5. FUND COLLECTION-PALLIATIVE DAY**

The volunteers collected fund for palliative care on 15/01/2024 -palliative care day of India at Valanchery Bus stand.13 students were participated.



Collected fund for palliative care on 15/01/2024

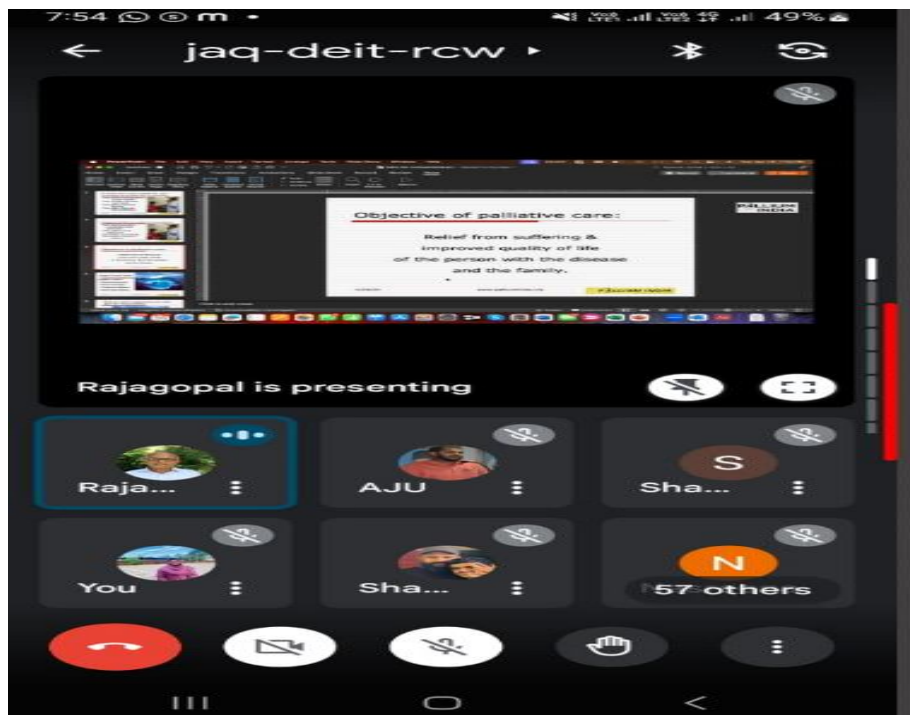
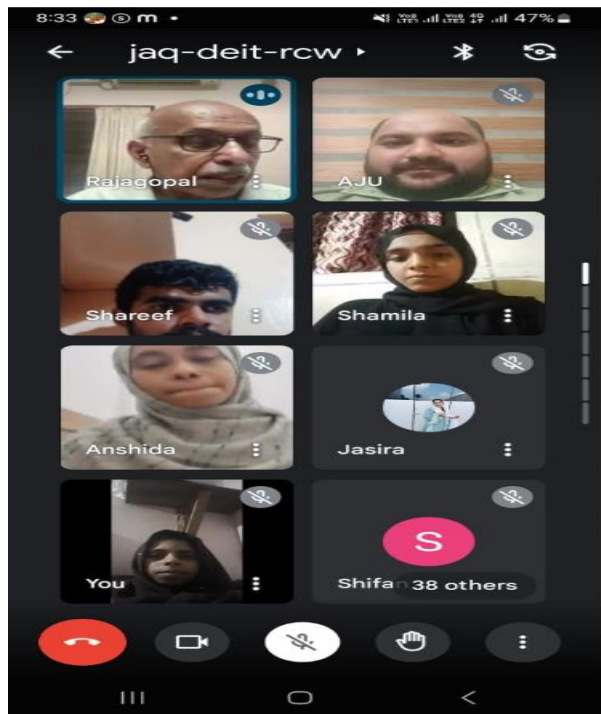
## **6. COLLECTING COMPASSION-ONLINE PALLIATIVE TRAINING**

Palliative care training for volunteers were conducted by SIP Puthanathani unit in online mode from April 28 - May 01<sup>st</sup> 2024. Around 60 volunteers were participated. The aim of the programme was to aware the students about palliative care and to make interest in this area. Mr. RAJAGOPAL.M. D, KRISHNA KUMAR. P. S, JYOTHI JAYAN WARRIER & SARATH CHERUSHOLA were the speakers in this programme. Students got the knowledge about palliative care principles, empathy and sympathy, role of SIP and importance of social volunteering


  
**SIP PUTHANATHANI UNIT**  
**COLLECTING COMPASSION**  
**ONLINE TRAINING**  
 APRIL 28- MAY 01 , 07.30pm TO 09.00pm  


<p><b>Day-01</b> April 28</p>		<p>Introduction of Palliative Care  <b>MR. Rajagopal M D</b>          Chairman Emeritus, Pallium India          Adjunct Professor of Global Oncology,          Queen's University, Canada</p>
<p><b>Day-02</b> April 29</p>		<p>Empathy &amp; Sympathy  <b>Krishna Kumar PS</b>          (Vice - Chairman MIND Trust,          Story Teller)</p>
<p><b>Day-03</b> April 30</p>		<p>Role of SIP?  <b>Jyothi Jayan Warriar</b>          (Mentor - Fellowship in          Palliative Care)</p>
<p><b>Day-04</b> May 01</p>		<p>Social Volunteering  <b>Sarath Cherushola</b>          (SIP Mentor)</p>


**Students Initiative In Palliative Care**  
**Puthanathani Unit**  
 Run by: SANTHI Palliative Care Society  
 Ph:- +91 8943 510 168



Online Palliative care training for volunteers from April 28 - May 01<sup>st</sup> 2024



## 2022-2023

19 students from department of microbiology and department of biochemistry took palliative home care during their holidays and got certificates for that.

### 2022 - 23

- |                          |   |
|--------------------------|---|
| 1. Mohammed Habeeb. P    | I <sup>st</sup> year Microbiology                   |
| 2. Fidha Thasni. A.V     | 1 <sup>st</sup> year Biochemistry                   |
| 3. Rusaida Nashri. K     | 1 <sup>st</sup> year Biochemistry                   |
| 4. Hisana Nasrin. V      | 1 <sup>st</sup> year Biochemistry                   |
| 5. Amana. T              | 1 <sup>st</sup> year Biochemistry                   |
| 6. Ateefa Serin.         | 1 <sup>st</sup> year Biochemistry                   |
| 7. Fatuma Riswa          | 1 <sup>st</sup> year Biochemistry                   |
| 8. Athaf                 | II <sup>nd</sup> year Biochemistry                  |
| 9. Fatuma Safa           | 1 <sup>st</sup> year Microbiology                   |
| 10. Shafeeqe moorkkattu  | <del>III<sup>rd</sup></del> year Biochemistry       |
| 11. Shabeeba. K.V        | I <sup>st</sup> year Microbiology                   |
| 12. Safecha Jabi         | 1 <sup>st</sup> year Microbiology                   |
| 13. Mohammed Sinan. P    | 1 <sup>st</sup> year Biochemistry                   |
| 14. Abdul Basithi. K.V   | 1 <sup>st</sup> year Microbiology                   |
| 15. Mohammed Sahal. P.P. | III <sup>rd</sup> year Biochemistry                 |
| 16. Afnah                | III <sup>rd</sup> year Microbiology                 |
| 17. Shama Shirin. V      | II <sup>nd</sup> year Microbiology                  |
| 18. Shinas.              | II <sup>nd</sup> year Microbiology                  |
| 19. Najiya. M            | II <sup>nd</sup> year <del>Micro</del> Biochemistry |



## KARUNA PAIN & PALLIATIVE CARE SOCIETY

(Regd No: 212/2004)

KARUNA BHAVAN, CHC ROAD, P.O. MARANCHERY

Pin: 679581, Malappuram Dist, Kerala. PH: 0494- 2670675

Mob: 9495343257 / 7034716716, AMBULANCE: 7034714714

Ref:

Date.....

### EXPERIENCE CERTIFICATE

This is to certify that Mrs. SHANASHIRIN.V has worked in this KARUNA PAIN & PALLIATIVE CARE SOCIETY Maranchery as a Volunteer from 01/03/2023 to 03/03/2023. During this period she was rendering her service in the Palliative Care.

She has proved to be a responsible and hardworking. She handled the work section efficiently and sincerely. Her conduct and character are very good and she also displayed pleasant behavior.

MARANCHERY

03/03/2023



With Regards

SECRETARY

Email:- [karunapalliativecare@gmail.com](mailto:karunapalliativecare@gmail.com), Website:- [www.karunamaranchery.com](http://www.karunamaranchery.com)

### 2021-2022

Student initiative in Palliative [SIP] An amount of 50,000/- was collected by SIP volunteers of NSS unit and donated to a patient for the treatment. An amount of 10,000 was donated to another poor family.

**2018-2019**

**STUDENT INITIATIVE IN PALLIATIVE [SIP]**

class on student initiative palliative (sip)-(8 th sep 2018)



Students at pain & palliative care Valanchery. Mr. Salman, sip volunteer incharge leading the class

## PAIN & PALLIATIVE DAY CARE PROGRAMME

(15<sup>th</sup> JAN 2019)



Students at palliative care centre valanchery



Providing special gifts to the palliative patients

Pain & Palliative Day Programme was conducted on 15 th January 2019, by the Nss Unit at TRK UP School, Valanchery. The Program was inaugurated by Dr. CP Muhamed kutty, Principal of the college. The students were much excited to be with the Pain & Palliative members for a complete day. Unit Secretary Ashiq welcomed the gathering and Laya delivered the vote of Thanks.

An amount of 64,000/- was collected by SIP volunteers of NSS unit from Valanchery town and donated to Valanchery Pain & Palliative Clinic on behalf of Pain & Palliative day on 15th January 2019.

### **CHRISTMAS CELEBRATION WITH PALLIATIVE PATIENTS**



CHRISTMAS DAY CELEBRATION WITH PAIN AND PALLIATIVE PATIENTS



Cake cutting by the palliative patient