

# ANNUAL SPORTS REPORT 2022-2023



**MARKAZ ARTS & SCIENCE COLLEGE**

**ATHAVANAD, MALAPPURAM DT**

markazathavanad@gmail.com, Ph:0494 260 82 83, Mob:85 90 65 85 50

# DEPARTMENT OF PHYSICAL EDUCATION

## Introduction

Health, wellness, physical fitness and recreation have achieved prominent status world wide in the 21<sup>st</sup> century. Its values and contributions for a healthy society are universally accepted. It is a known fact that the importance of spreading message of physical Education among the masses needs no justification.

Today Physical Education is not considered by most of the academicians and policy makers in the right perspective and its values are ignored by the entire educational community.

Researches and studies in the medical field have revealed that majority of the population after a particular age level has hypertension (blood pressure), diabetes, obesity, osteoporosis etc. The main causes are lack of proper exercise or inactivity and healthy living habits.

The department of Physical Education conducts intramural competitions to promote interest in students. Toppers will be selected and has been given chance for representing the College in various disciplines.

## FACULTY

Sl. No	Name	Designation	Qualification
1	Muhammed Harisbabu.P	Assistant Professor	BPEd, MPEd

**MARKAZ ARTS AND SCIENCE COLLEGE ATHAVAND participated in the following sports events in Calicut university inter collegiate competitions in 2022-2023**

DISCIPLINE	VENUE
Football	Ambedkar college arts and science Wandoor
Badminton	Govt college Malappuram
Volleyball	Safa college of arts and science

## FOOTBALL TEAM



Markaz arts and Science College Football team participated B zone tournament held at Ambedker college Wandoor on 27/10/22.19



## LIST OF PLAYERS

SL NO	NAME	CLASS
1.	IRFAN HAEED .C	2 <sup>ND</sup> B.COM
2.	MUZAMMIL MUSTHAFI	1 <sup>ST</sup> B.COM
3.	ABDUL NAHEEM	1 <sup>ST</sup> B.COM
4.	BASIL RAZAK .KM	1 <sup>ST</sup> B.COM
5.	SHUHAIB .PK	1 <sup>ST</sup> B.COM
6.	MUHAMMED JUNAID.P	1 <sup>ST</sup> B.COM
7.	MOHAMMED FASIL.K	3 <sup>RD</sup> BBA
8.	MOHAMMED SHANIB P	3 <sup>RD</sup> BBA
9.	MASHOOD. PP	3 <sup>RD</sup> BBA
10.	RASIL JABBAR	3 <sup>RD</sup> B.COM
11.	SALMAN FARIS.KK	3 <sup>RD</sup> BBA
12.	ASLAM YOOSUF	3 <sup>RD</sup> MICROBIOLOGY
13.	SHAKKIR MUHAMMED	3 <sup>RD</sup> B.COM
14.	ABDUL VASIH.UT	3 <sup>RD</sup> BA
15.	MUHAMMED FAZIL.PV	3 <sup>RD</sup> BA
16.	MUHAMMED YASIR	1 <sup>ST</sup> PSYCHOLOGY
17.	MUHAMMED FARIS	1 <sup>ST</sup> B.COM
18.	LUKUMON.M	1 <sup>ST</sup> B.COM
19.	MUHAMMED RISAN	1 <sup>ST</sup> B.COM
20.		





**AMBEDKAR COLLEGE OF ARTS & SCIENCE, WANDOOR**  
(Aided by Govt. of Kerala & Affiliated to University of Calicut)  
Wandoor (PO), Pin 679328  
Ph: 04931-249666  
Email: [acaswandoor@gmail.com](mailto:acaswandoor@gmail.com), Website: [www.ambedkarcollegewdr.in](http://www.ambedkarcollegewdr.in)

**DEPARTMENT OF PHYSICAL EDUCATION**  
**DUTY / PARTICIPATION CERTIFICATE**

This is to Certified that ..... Marikaz Arts and Science College men football team comprising of 20 members and accompanied by Dr/Sri ..... S. Sharaf udheen k. Assistant/Associate Professor in Physical Education has participated in the Calicut University **B-Zone Football Championship - 2022** held at Ambedkar College of Arts & Science, Wandoor on 27.10.2022

It is further certified that no TA/DA or rent free accommodation was provided to the members of team.

**LIST OF PLAYERS**

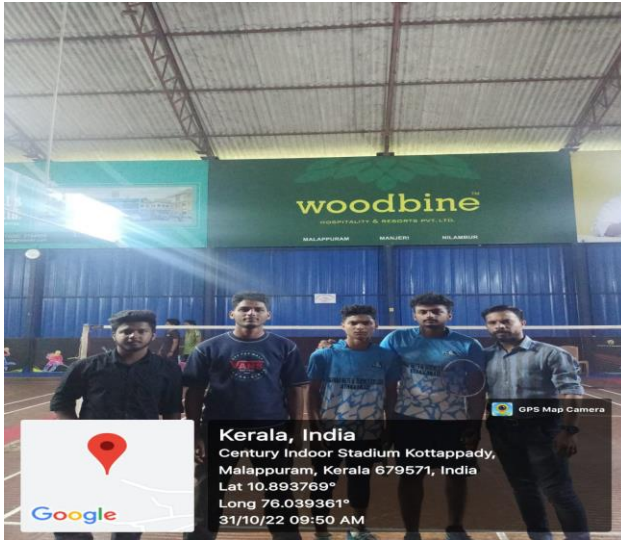
1	Irfan Habeeb-e 2nd B.com	11	Salman Faris 11. BBA
2	Muhammad Mustaf B.com	12	Aslam yusuf 11. Mcom
3	Abul Naheem 1. BBA	13	Shakir Muhammad 11. B.com
4	Basil Razak 1. B.com	14	Abdul Wasib 11. BA
5	Suhaib- P.K. I. B.com	15	Muhammad Fasil 11. BA
6	Muhammad Insaad I. B.com	16	Muhammad qasim I psychology
7	Muhammad Fasil 11. BBA	17	Muhammad Faris I. B.com
8	Muhammad Ghani P.P.	18	Lukman 11. B.com
9	Muhammad P.P. 11. BBA	19	Muhammad Rasan I. B.com
10	Rasil Jabbar 11. B.com	20	

Place: wandoor  
Date: 27/10/22

Convener

Damil  
**SANIL P.P**  
Asst. Professor  
Department of Physical Education  
Ambedkar College of Arts & Science  
Wandoor, Malappuram Dt.

## BADMINTON TEAM



Markaz Arts and Science College participated B Zone Badminton tournament held at Govt College Malappuram on 31 /10/2022

### List Of Players

SL	NAME	CLASS
1.	MUHAMMED NIYAS .PK	1 <sup>ST</sup> B.COM
2.	MOHAMMED ANAS.P	3 <sup>RD</sup> B.COM
3.	RISHAM RASHEED	3 <sup>RD</sup> BBA
4.	SHAHIN	



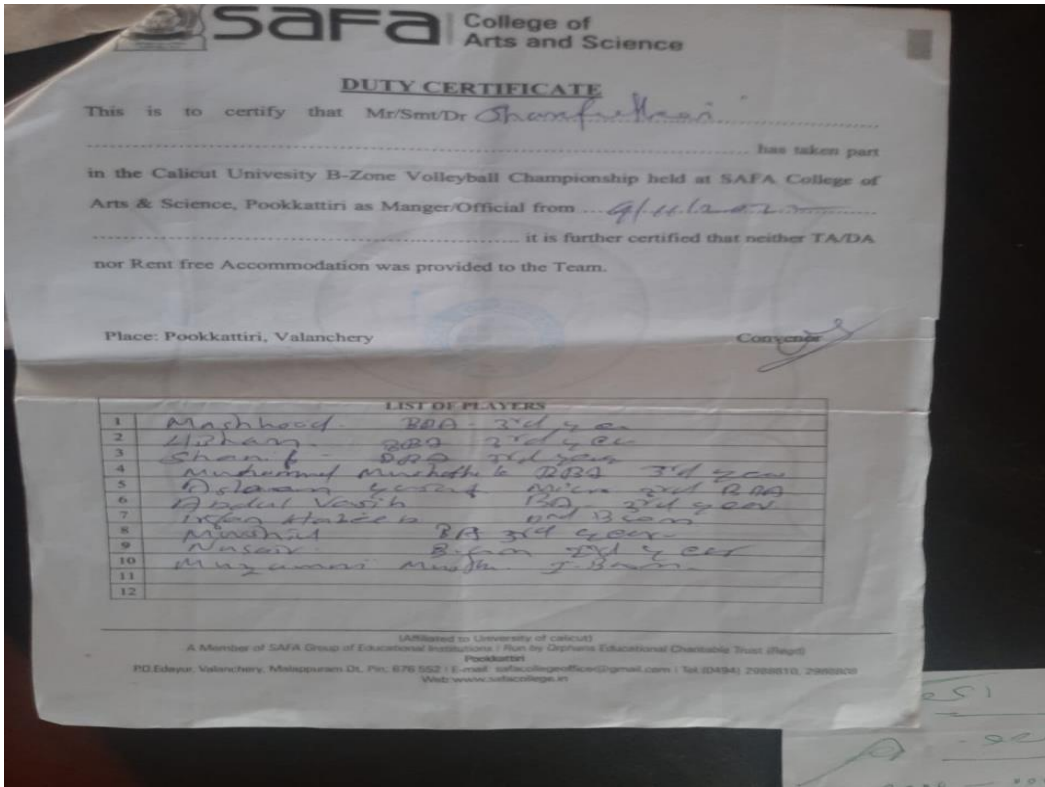
## VOLLEYBALL TEAM



Markaz Arts and science college Volleyball team participated B.zone volleyball tournament held at SAFA college Pookattiri

### List Of Players

SL	NAME	CLASS
1.	MASHOOD. PP	3 <sup>RD</sup> BBA
2.	MUZAMMIL MUSTHAF A	1 <sup>ST</sup> B.COM
3.	MOHAMMED HISHAM. N	3 <sup>RD</sup> BBA
4.	IRFAN HABEEB.C	2 <sup>ND</sup> B.COM
5.	MUHAMMED NUSAIR.KP	2 <sup>ND</sup> B.COM
6.	MUHAMMED SHANIB.P	3 <sup>RD</sup> BBA
7.	MOHAMMED MUSHTHAK.K	3 <sup>RD</sup> BBA
8.	ABDUL VASIH.UT	3 <sup>RD</sup> BA
9.	ASLAM YOOSAUF	3 <sup>RD</sup> MICROBIOLOGY
10.	MURSHID. T	3 <sup>RD</sup> BA



**List Of Players**

On 24/11/2022 Physical Education Department Conducted Aprogramme Called **SAMMANA PERUMAZHA** As Part Of World Cup







Winner of SAMMANA PERUMAZHA Programme

On 13/12/2022 physical education department and ITHIHASA college union conducted a programme called prediction box as part of world cup



Prediction box







Winner of the prediction competition

Winner



## **INTRAMURAL COMPETITIONS**

### **RED HOUSE**

CAPTAIN : NISAB ( FINAL YEAR B COM)

### **GREEN HOUSE**

CAPTAIN : MUHAMMED SHABEEB (FINAL YEAR B COM)

### **BLUE HOUSE**

CAPTAIN : MOHAMMED FASIL. K (FINAL YEAR BBA)

### **YELLOWE**

CAPTAIN : ABDUL VASIH. UT ( FINAL YEAR BA)

The students of the College were divided into four Groups for the competitions as detailed. Students were grouped as class wise to have team spirit and to give more impetus to the competitions.

## **Intramural Badminton Competitions for Girls**



**winner**

1. Sana Fathima

1<sup>ST</sup> Micro Biology



### **Runners**

1. Nusrath Jahan

Final B Com

2. Anajala

Final chemistry

3. Fidha

1<sup>st</sup> Biochemisry



## Intramural volley ball Competitions for Boys



### Winners

- |                          |                       |
|--------------------------|-----------------------|
| 1. Muhammed Yasir        | 2 <sup>nd</sup> B com |
| 2. Muzammil Musthafa .AK | 1 <sup>st</sup> B com |
| 3. Muhammed Niyas.PK     | 1 <sup>st</sup> B com |
| 4.                       |                       |
| 5.                       |                       |
| 6.                       |                       |



## Runners

- |                       |                               |
|-----------------------|-------------------------------|
| 1. Sihad              | 2 <sup>nd</sup> B com         |
| 2. Aslam              | 3 <sup>rd</sup> Micro biology |
| 3. Sufiyan . C        | 1 <sup>st</sup> BBA           |
| 4. Muhammed Junaid    | 1 <sup>st</sup> B com         |
| 5. Muhammed Anshad .S | 1 <sup>st</sup> BBA           |
| 6. Shuhaib Hamza,N    | 1 <sup>st</sup> Psychology    |



## Intramural throw ball Competitions for girls



### Winners

- |    |                  |                               |
|----|------------------|-------------------------------|
| 1. | Shana            | 1 <sup>st</sup> Micro Biology |
| 2. | Shamna Sharin .P | 1 <sup>st</sup> Psychology    |
| 3. | Liyana Iqbal.U   | 1 <sup>st</sup> Micro Biology |
| 4. | Shafna Mol.P     | 1 <sup>st</sup> Micro Biology |
| 5. |                  |                               |
| 6. |                  |                               |





## Runners

1. Rashida.K 1<sup>st</sup> Micro Biology
2. Riya Hafsath 1<sup>st</sup> Micro Biology
3. Azla 1<sup>st</sup> MSc psychology
4. Fasna.KM 2<sup>nd</sup> Micro Biology
- 5.
- 6.

## Intramural football Competitions for boys

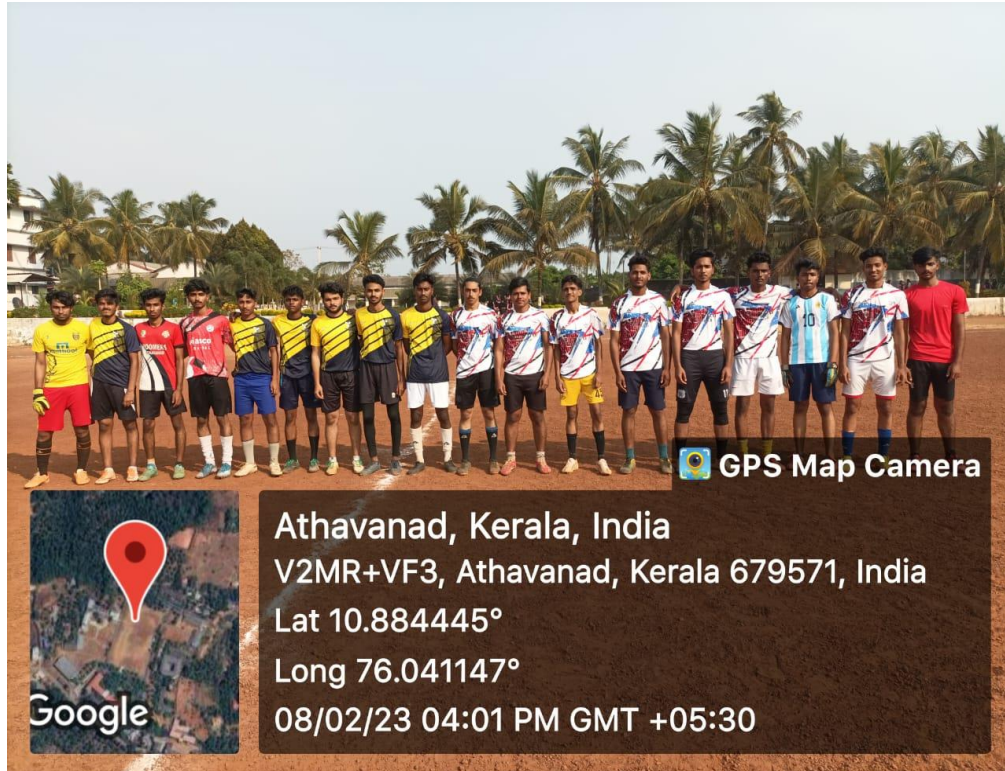


- |                                    |                               |
|------------------------------------|-------------------------------|
| 1. Mohammed Safeer .KK             | 1 <sup>ST</sup> B.COM         |
| 2. Muhammed Muhyudheen Bilaval. CK | 1 <sup>ST</sup> B.COM         |
| 3. Deepak.KK                       | 1 <sup>ST</sup> B.COM         |
| 4. Mohammed Shakkir.NK             | 1 <sup>ST</sup> MSC PSYCOLOGY |
| 5. Muhammed Shameel .P             | 1 <sup>ST</sup> BIOCHEMISTRY  |
| 6. Visakh.AP                       | 1 <sup>ST</sup> BBA           |
| 7. Abdul Naheem                    | 1 <sup>st</sup> BA            |



- |                       |                              |
|-----------------------|------------------------------|
| 1. Irfan Habeeb .C    | 2 <sup>ND</sup> B.COM        |
| 2. Mohammed Ajmal.P   | 2 <sup>ND</sup> B.COM        |
| 3. Lukumon. M         | 2 <sup>ND</sup> B.COM        |
| 4. Mohammed Anas. K   | 1 <sup>ST</sup> BBA          |
| 5. Muhammed Ajmal.KP  | 1 <sup>ST</sup> BBA          |
| 6. Muhammed Junaid. P | 1 <sup>ST</sup> B.COM        |
| 7. Basil Razak.KM     | 1 <sup>ST</sup> B.COM        |
| 8. Muhammed Fasil .MP | 1 <sup>ST</sup> BIOCHEMISTRY |





### Finalist of the Tournament

#### TEAM A

- |                       |                       |
|-----------------------|-----------------------|
| 1. ABDUL VASIH        | 3 <sup>RD</sup> BA    |
| 2. MOHAMMED JASEEL    | 1 <sup>ST</sup> BBA   |
| 3. MOHAMMED RIZAN. N  | 1 <sup>ST</sup> BBA   |
| 4. SHUHAIB.PK         | 1 <sup>ST</sup> B.COM |
| 5. SAJEVADH SIHADH.VK | 2 <sup>ND</sup> BCOM  |

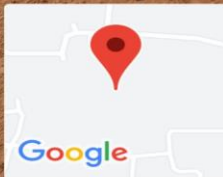
#### TEAM B

- |                         |                       |
|-------------------------|-----------------------|
| 1. RASIL JABBAR         | 3 <sup>RD</sup> BCOM  |
| 2. MOHAMMED MUSTHAKH. H | 3 <sup>RD</sup> BBA   |
| 3. RISHAM RASHEED       | 3 <sup>RD</sup> BBA   |
| 4. MOHAMMED FASIL. PT   | 3 <sup>RD</sup> BBA   |
| 5. MOHAMMED THAHMIL     | 1 <sup>ST</sup> B COM |
| 6. EZUDEEN              | 1 <sup>ST</sup> BBA   |

Department of physical education conducted Annual Athletic Championships was held on 15 February 2023 Mr. Azad Ali k Inaugurated the championships. Dr. CP Muhammed Kutty delivered the presidential address and Mr. Shefin (general captain) delivered the vote of thanks. Medals were awarded to winners in each event.



Azad Ali Hoists the Flag and Inaugurates the Annual Sports Meet



**Malappuram, Kerala, India**  
Markaz Auditorium , Markaz Campus, Athavanadu- Kerala  
676553, India  
Lat 10.961964°  
Long 76.033537°  
15/02/23 04:05 PM

GPS Map Camera



## Some Annual Sports Meet Clicks





# IGNITE SPORTS MEET 15-02-2023

## WINNERS LIST

EVENTS	BOYS	GIRLS
100M	1.MOHAMMED THAHMIL (1 <sup>st</sup> B com) 2.RASIL JABBAR (3 <sup>rd</sup> B com) 3.SHABEEB (3 <sup>rd</sup> B com)	1.RAHEELA ( 2.SUMAYYA (1 <sup>st</sup> Chemistry) 3.HASNA SHERIN(2 <sup>nd</sup> B com)
200M	1.ASLAM (3 <sup>rd</sup> Micro Biology) 2.NAHEEM (1 <sup>st</sup> BBA) 3.RAMIZ.V (1 <sup>ST</sup> B com)	
400M		1.ASNA SHERIN (2 <sup>nd</sup> B com) 2.HARSHALA 3.SUMAYYA (1 <sup>st</sup> Chemistry)
800M		1.RINSHA ( 3dr Botany ) 2.SUMAYYA (1 <sup>st</sup> Chemistry) 3.NAJIYA (2 <sup>ND</sup> Micro Biology)
1500M	1.SHABEEB (3 <sup>rd</sup> B com) 2.THAHMIL (1 <sup>ST</sup> B com) 3.ANSHAD (1 <sup>st</sup> BBA)	1.SHADI.P (1 <sup>st</sup> Micro Biology) 2.AFEEFA (*(1 <sup>st</sup> Chemistry) 3.SHWETHA (3dr Bio Chemistry)
HIGH JUMP	1.RISHAM (3dr BBA) 2.MUZAMMIL (2 <sup>nd</sup> B com) 3.NIYAS (1 <sup>st</sup> B com)	1.RAHEELA 2.NAJIYA 3.RIYA ( 1 <sup>st</sup> Micro Biology)

LONG JUMP	1.ABDUL VASIH (3dr BA English) 2.MUVAFAKH (2 <sup>nd</sup> B com) 3.SHANUL MUSTHAK (1 <sup>st</sup> Chemistry)	1.RAHEELA 2.GOPIKA (2 <sup>ND</sup> Micro Biology) 3.AJMALA MINHA (1 <sup>st</sup> Micro Biology)
JAVELIN THROW	1.ALISHAN (3 <sup>rd</sup> BBA) 2.EZUDHEEN (1 <sup>st</sup> BBA) 3.SAFUVAN (3 <sup>rd</sup> B com)	1.SAFANA SHERIN (3 <sup>rd</sup> Psychology) 2.NIBILA HANNA (2 <sup>nd</sup> BA English) 3.SWATHI ASHOK (3dr B com)
SHOT PUT	1.ALISHAN (3 <sup>rd</sup> BBA) 2.FARIS (1 <sup>st</sup> B com ) 3.ILHAM (2 <sup>nd</sup> BBA)	1.SHAHNA (3dr B com) 2.SHAHILA JABIN 3.SAFANA SHERIN (3 <sup>rd</sup> Psychology)
DISCUSS THROW	1.SAHAL 2.EZUDHEEN (1 <sup>st</sup> BBA) 3.MOHD FARIS (1 <sup>st</sup> B com )	1.FASNA JEBIN 2.RAHNA SHERIN 3.SAFANA SHERIN (3 <sup>rd</sup> Psychology)

Individual Championships in Men and Women has been bagged by the students as detailed.

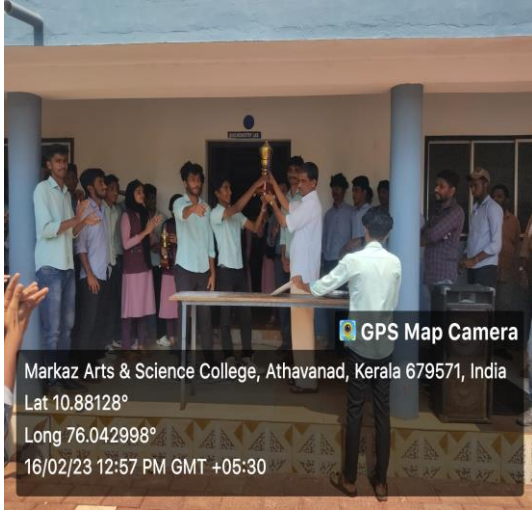
- Men                      Mr. MOHAMMED THAHMIL                      1<sup>st</sup> B. Com
- Women                      Ms. SUMAYYA. VT                      1<sup>St</sup> CHEMISTRY

Results of the Intramural Competitions are given below.

**TOTAL PIONTS**

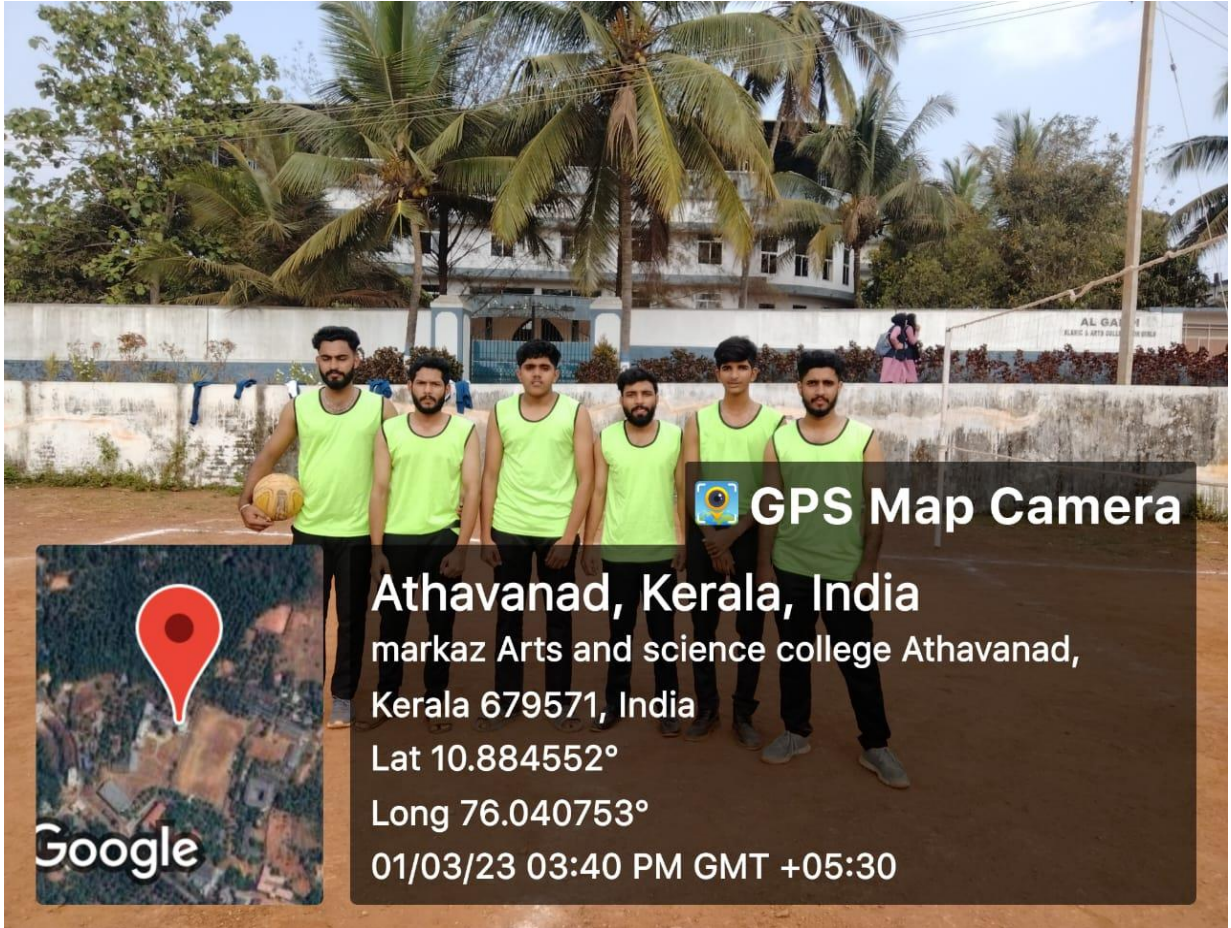
- 1. GREEN                      : 95
- 2. BLUE                      : 85
- 3. YELLOW                      : 60
- 4. RED                      : 56

## Annual Sports Meet Award Ceremony





Department of physical education conducted a friendly volley ball match on 01/03/2023. The native's vs college students. it's a part of the open house Programme



**The Natives (winners)**



### College students

- |                        |                       |
|------------------------|-----------------------|
| 1. EZUDEEN             | 1 <sup>st</sup> BBA   |
| 2. MUHAMMED RISAN. N   | 1 <sup>st</sup> BBA   |
| 3. MOHAMMED ANAS. K    | 1 <sup>st</sup> BBA   |
| 4. MUHAMMED NIYAS . PK | 1 <sup>ST</sup> B.COM |
| 5. BASIL RAZAK. KM     | 1 <sup>ST</sup> B.COM |
| 6. SHUHAIB. PK         | 1 <sup>ST</sup> B.COM |
| 7. MOHAMMED SAFEER. KK | 1 <sup>ST</sup> B.COM |

**THANK YOU**