

ANNUAL SPORTS REPORT 2023-2024



MARKAZ ARTS & SCIENCE COLLEGE

ATHAVANAD, MALAPPURAM DT

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DEPARTMENT OF PHYSICAL EDUCATION

Introduction

Health, wellness, physical fitness and recreation have achieved prominent status worldwide in the 21st century. Its values and contributions for a healthy society are universally accepted. It is a known fact that the importance of spreading message of physical Education among the masses needs no justification.

Today Physical Education is not considered by most of the academicians and policy makers in the right perspective and its values are ignored by the entire educational community.

Researches and studies in the medical field have revealed that majority of the population after a particular age level has hypertension (blood pressure), diabetes, obesity, osteoporosis etc. The main causes are lack of proper exercise or inactivity and healthy living habits.

A proper physical education curriculum is the only solution to make the students realize the importance of health and Physical Fitness.

The contribution of Physical Education and sports towards health and wellness is at present strongly approved and the participation in well-regulated physical fitness programme is strongly recommended by medical science.

The department of Physical Education conducts intramural competitions to promote interest in students. Toppers will be selected and has been given chance for representing the College in various disciplines.

FACULTY

Sl. No	Name	Designation	Qualification
1	Muhammed Harisbabu.p	Assistant Professor	BPed, MPed

MARKAZ ARTS AND SCIENCE COLLEGE ATHAVAND participated in the following sports events in Calicut university inter collegiate competitions in 2023-2024

DISCIPLINE	VENUE
Football	EMEA College of Arts and Science Kondotty

FOOTBALL TEAM



Markaz arts and Science College Football team participated. B zone tournament held at **EMEA College of Arts and Science Kondotty** on 10/10/23. 20 students and one Faculty Member



Interaction with players

LIST OF PLAYERS

EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTY
KUMMINIPARAMBA PO, KONDOTTY 673638
Email-mail@emeacollege.ac.in Ph:-04832712030

DEPARTMENT OF PHYSICAL EDUCATION
DUTY / PARTICIPATION CERTIFICATE

This is to Certified that.....

Men football team comprising of.....members and accompanied by
Dr/Sri.....*Muzammil Musthafa*.....Assistant/Associate Professor
in physical education has participated in the Calicut university B zone football championship
held at EMEA college of arts and science Kondotti from.....*16-10-23* To.....*16-10-23*.....

It is further certified that no TA/ DA or rent free accommodation was provided to the
members of team

LIST OF PLAYERS

1	<i>MUZAMMIL MUSTHAF</i>	11	<i>MUHAMMED AJMAL</i>
2	<i>ROHAN CHUNDAYIL</i>	12	<i>SHABEEB RAHMAN</i>
3	<i>MUHAMMED SINAN</i>	13	<i>HAROON AHMAD</i>
4	<i>MUHAMMED ANSHAD</i>	14	<i>MOHAMMED MIDLAJ</i>
5	<i>MUHAMMED SAMIR</i>	15	<i>EZUDEEN</i>
6	<i>SUHAIB</i>	16	<i>ABDUL NAHEEM</i>
7	<i>MUHAMMED ABDUL RAHMAN</i>	17	<i>BASIL RAZAK.KM</i>
8	<i>MUHAMMED ANAS.K</i>	18	<i>MOHAMMED THAMIL</i>
9	<i>MUHAMMED MIKIDAD</i>	19	<i>SHANUL MUSTHAK</i>
10	<i>MUHAMMED NIHAL</i>	20	<i>MOHAMMED RISAN</i>

Place Kumminparamba
Date.....*16/10/23*

Muzammil Musthafa
Convener
Shihabuddin Paikarathodi
Assistant Professor
Department of Physical Education
EMEA College Kondotty

NO	NAME	NO	NAME
1	MUZAMMIL MUSTHAF	11	MUHAMMED AJMAL
2	ROHAN CHUNDAYIL	12	SHABEEB RAHMAN
3	MUHAMMED SINAN	13	HAROON AHMAD
4	MUHAMMED ANSHAD	14	MOHAMMED MIDLAJ
5	MUHAMMED SAMIR	15	EZUDEEN
6	SUHAIB	16	ABDUL NAHEEM
7	MUHAMMED ABDUL RAHMAN	17	BASIL RAZAK.KM
8	MUHAMMED ANAS.K	18	MOHAMMED THAMIL
9	MUHAMMED MIKIDAD	19	SHANUL MUSTHAK
10	MUHAMMED NIHAL	20	MOHAMMED RISAN

On 7/12/2023 Department of Physical Education and Markaz Arts and Science College students conducted **Naseef and Yasir memorial one day football tournament**



Liver pool fc

- 1.Vishnu 1st BBA
- 2.Shiyas 1st BBA
- 3.Mikdad 1st B BA
- 4.Sinan 1st BBA
- 5.Thahmil 2nd B.com
- 6.Rinshad 1st B.com
- 7.Mushthak 2nd Chemistry
- 8.Shameel 1st B.Com

Tottenham

- 1.Nasil
- 2.NOUFAL
- 3.SIRAJ
- 4.NASIL
- 5.JUNAID
- 6.SALIM
- 7.VASEEM



FC CHELSEA

- | | |
|---------------------|------|
| 1.Nasar | +2 |
| 2.Niyas | +2 |
| 3.Jabir | +2 |
| 4.Niyas | +2 |
| 5. Naseem | +2 |
| 6.Muhammed Basheer. | N +2 |
| 7.Abdul Vasih | +1 |



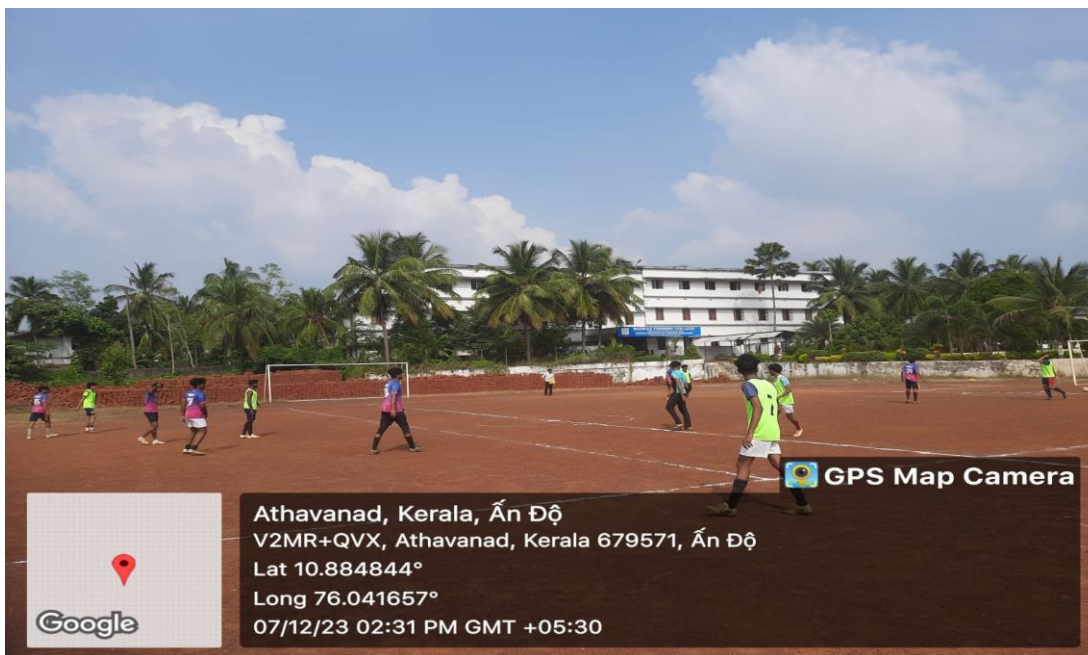
ZENIT FC

- | | |
|------------|----------------------|
| 1. Deepak | 2 nd Bcom |
| 2. Samir | 1 st Bcom |
| 3. Shibili | 1 st Bcom |
| 4. Shebi | 1 st Bcom |
| 5. Haroon | 1 st Ba |
| 6. Midlaj | 1 st Bcom |
| 7. Anshad | 1 st Bba |



Athavanad, Kerala, India
V2MR+MF2, Athavanad, Kerala 679571, India
Lat 10.884319°
Long 76.041056°
07/12/23 03:10 PM GMT +05:30

ZENIT FC VS CHELSEA FC MATCH



Athavanad, Kerala, Ấn Độ
V2MR+QVX, Athavanad, Kerala 679571, Ấn Độ
Lat 10.884844°
Long 76.041657°
07/12/23 02:31 PM GMT +05:30

LIVEREPOOL FC VS TOTTENHAM MATCH

The students of the College were divided into four Groups for the competitions as detailed. Students were grouped as class wise to have team spirit and to give more impetus to the competitions.

INTRAMURAL COMPETITIONS

TEAM STARK

CAPTAIN : MOHAMMED SAHAL.PP (FINAL YEAR
BIOCHEMISTRY)

TEAM BARATHEON

CAPTAIN : ROHITH (FINAL YEAR B COM)

TEAM TARGARYEN

CAPTAIN : MUHAMMED NESEL (FINAL YEAR CHEMISTRY)

TEAM LANNISTER

CAPTAIN : JABIR VP (FINAL YEAR BA ENGLISH)

Intramural throwball Competitions for Girls



TEAM TARGARYEN

Sl no	Name	class
1	Fathima ziba. P	First Year BBA
2	Rinshifa. T. P	First B.Com
3	Shabna. VF	Third Chemistry
4	Shaima.V	First Psychology
5	Afna Febin. T.P	Second BBA
6	Hiba Basheer	Second B. Com



TEAM LANNISTER

Sl no	Name	class
1	Raheela	3rd Psychology
2	Jahana Shereen. PT	3rd Biochemistry
3	Shameema Thensi. KT	3rd Biochemistry
4	Rashida.K	2nd Microbiology
5	Sana Sherin	2nd Microbiology
6	Shameela	1st BBA
7	Fazna. KM	3rd Microbiology



TEAM BARATHEON

Sl no	Name	class
1	Nidha. M	3rd Microbiology
2	Gopika PV	3rd Microbiology
3	Noorul Afeedha. TN	3rd Microbiology
4	Mushrifa Thasneem. V	3rd Chemistry
5	Nibila Hanna. V	3rd Ba English
6	Rameesha. KV	3rd Microbiology



TEAM STARK

Sl no	Name	class
1	Noorah.M.P	3rd Microbiology
2	Hasana. P	2 Nd Chemistry
3	Afnan TT	1st Biochemistry
4	Zanoobiya. A	1st BBA
5	Riya Hafsath	2nd Microbiology
6	Fathima Musrifa. PP	1 ST BA English

Intramural volleyball Competitions for Boys



Winners of The Intramural Volleyball Competitions

TEAM STARK

Sl no	Name	class
1	Muhammed Arshad PV	3rd Microbiology
2	Muhammed Niyas PK	2 Nd Chemistry
3	Mohammed Shahil K	1st Biochemistry
4	Muhammad Yasir	1st BBA
5	Muhammed Jasil P	2nd Microbiology
6	Mohammed Thahmil	1st BA
7	Mohammed Anas	



Runners of The Intramural Volleyball Competitions

TEAM LANNISTER

Sl no	Name	class
1	Ajmal fawas	3rd Bcom
2	Shameel M	3rd Bcom
3	Muzammil Musthafa A K	2nd B. Com
4	Sufiyan C	2nd BBA
5	Vishnu VR	1st Bcom
6	Muhammad Anfas PV	1st Bba
7	Muhammad Bilal	1st Bcom
8	Muhammad Samir VV	1st Bba



TEAM BARATHEON

Sl no	Name	class
1	Mohammed Nafih. AP	3rd B.com
2	Ezudeen	3rd B.com
3	Suhaib. P K	2nd B. Com
4	Mohamed Nasif. K	2nd BBA
5	Rinshad	1st B.com
6	Lukumon. M	1st BBA
7	Muhammed Anshad. S	1st B.com



TEAM TARGARYEN

Sl no	Name	class
1	Haroon Ahammed P. V	1st Ba
2	Muhammed Ramiz. V	2nd BBA
3	Vishak. AP	2nd BBA
4	Muhammed Shibil. V	1st B.com
5	Shiyas. KP	1st BBA
6	Mohammed Sahal. PP	3rd Bio
7	Muhammed Shamil. S	2nd BBA

Department of physical education conducted Annual Athletic Championships was held on **05 February 2024** Mr. **Azad Ali k** Inaugurated the championships. Mr. Yasir Arafath Assistant prof delivered the presidential address and Ms. Najiha Fida. K.E (general captain) delivered the vote of thanks. Medals were awarded to winners in each event.



Azad Ali Hoists the Flag and Inaugurates the Annual Sports Meet



March past



100 mtr start



Discus throw women



4*100 mtr relay start



Jeweling Throw



Award ceremony



Individual champion of Invicta sports meet men session 5/2/2024(Ezudeen 2nd BBA)



Individual champion of Invicta sports meet men session 5/2/2024(Mohammed Thahmil 2nd Bcom)



Individual champion of Invicta sports meet women session 5/2/2024(Asna Sheri 3rd B.com)



Champions of Invicta sports meet 5/2/2024 (Team Blue)



Runner of Invicta sports meet 5/2/2024 (team green)

Group points of Invicta sports meet 5/2/2024

Sl no	Team	Point	Position
1	Blue	77	1 st
2	Green	52	2 nd
3	Yellow	34	3 rd
4	Red	20	4 th

INVICTA SPORTS MEET 05-02-2024

Sl no	Event	Boys	Girls
1	1500mr	1.Muhammed Minhaj. P (1 st Bcom) 2.Mohammed Anshad.S (2 nd Bba) 3.Anoos (1 st Bba)	
2	Short Put	1.Ezudeen (2 nd Bba) 2.Shahul Musthak.P (2 nd Chemistry) 3.Rinshad (2 nd Bba)	1.Henna Shafi (3 rd Psychology) 2.Safa Minnath (3 rd Biochemistry) 3.Saliha Jabin (2 nd Ba)
3	800mr		1.Rinshifa (1 st Bcom) 2.Shadhi.Pp(2 nd Microbiology) 3.Gopika.Pv (3 rd Microbiology)
4	400mr	1.Sahad (1 st Chemistry) 2.Mohammed Sabin (3 rd Biochemistry) 3.Vishnu.Vr(1 st Bba)	1.Asna Sheri.P (3 rd Bcom) 2.Shahana.Km(1 st Ba) 3.Shaima. (1 st Psychology)
5	Discus Throw	1.Rinshad (1 st BCom) 2.Muhammed Mahshook (1 st Psychology) 3.Muhammed Mikdhad.Mp(1 st Bba)	1.Saliha Jabin.Vp (2 nd Ba) 2.Nibila Henna (3 rd Ba) 3.Raheela. Ck (3 rd Psychology)
6	200mr	1.Mohammed Ramiz.V(2 nd Bcom) 2.Mohammed Sabin (3 rd Biochemistry) 3.Sahad (1 st Chemistry)	1.Asna Sheri. (3 rd BCom) 2.Rashidha (2 nd Microbiology) 3.Fazna.Km(3 rd Microbiology)
7	100mr	1.Muhammed Thahmil(2 nd Bcom) 2.Mohammed Bilal (1 st Bba) 3.Sahad (1 st Chemistry)	1.Raheela Ck (3 rd Psychology) 2.Nasriya.Pp (1 st Ba) 3.Shahana. Km (1 st Ba)
8	Javelin Throw	1.Ezudeen (2 nd Bba) 2.Shahul Musthak. (2 nd Chemistry) 3.Muhammed Mahshook (1 st Psychology)	1.Henna Shafi (3 rd Psychology) 2.Nibila Henna (3 rd Ba) 3.Saniya (1 st Bcom)
9	4*100mr Relay	1.Team Green 2.Team Yellow 3.Team Red	1. Team Blue 2.Team Green 3.Team Red

THANK YOU