

ANNUAL REPORT- 2023-24
PG DEPARTMENT OF PSYCHOLOGY
MARKAZ ARTS AND SCIENCE COLLEGE ,ATHAVANAD

Prepared by
Dr.Vineetha K J
Head Of the Department
Department of Psychology.

The college reopened for the academic year 2023-24 On 1st june.First UG and PG admitted to college August.

The following was the advisory details of 2023-2024

FACULTY DETAILS OF 2023-24

NAME	DESIGNATION	QUALIFICATION
Dr. VINEETHA.KJ	HEAD OF THE DEPARTMENT ASSISTANT PROFESSOR	M.Sc ,NET, PhD
ANAGHA KS	ASSISTANT PROFESSOR	M.Sc
FAHMITHA.A	ASSISTANT PROFESSOR	M.Sc
RAMYA KRISHNAN	ASSISTANT PROFESSOR	M.Sc, NET
ASISHA KJ	ASSISTANT PROFESSOR	M.Sc,NET
HASBEENA K	ASSISTANT PROFESSOR	M.Sc

Ms.Fahmi Fariyal joined as Assistant professor after Ms.Ramya Krishnan resigned in january.

FAHMI FARIYAL	ASSISTANT PROFESSOR	M.Sc,NET
---------------	---------------------	----------

ADVISORY DETAILS

The following was the details of class advisors for the academic year 2023-24

NAME OF ADVISOR	CLASS
ANAGHA KS	FIRST YEAR UG
ASISHA KJ	SECOND YEAR UG
HASBEENA K	THIRD YEAR UG
FAHMITHA A	FIRST YEAR PG
DR VINEETHA KJ	SECOND YEAR P G

STUDENTS DETAILS OF 2023-24

The department had 97 students in department, first year degree has strength of 21(19 girls and 2 boys),second year UG had 30 students(28 girls and 2 boy), third year UG had 26 girls , first year PG had strength of 10 students(9girls and 1boy) and second year PG had 10 students(8 girls and 2 boys).

LAST YEAR ACADEMIC RESULT (UG)

The pass percentage for the academic batch 2021-2024 was 81%, Number of students appeared for the examination 26, out of which 21 students got passed.

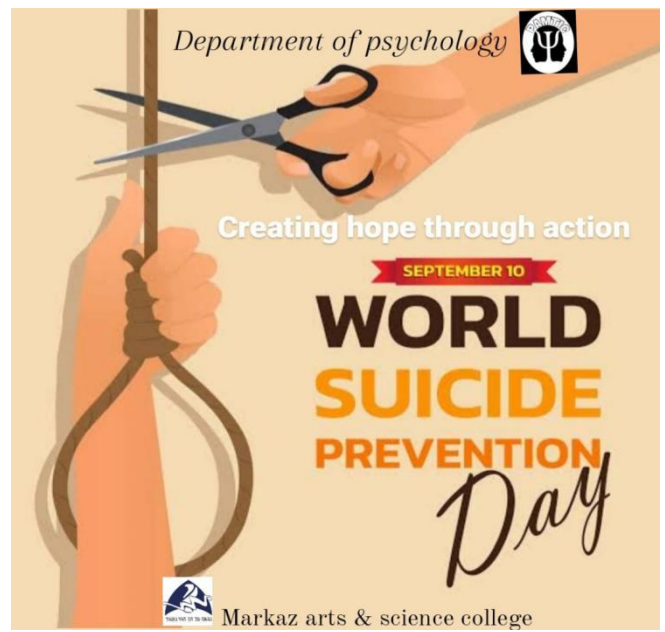
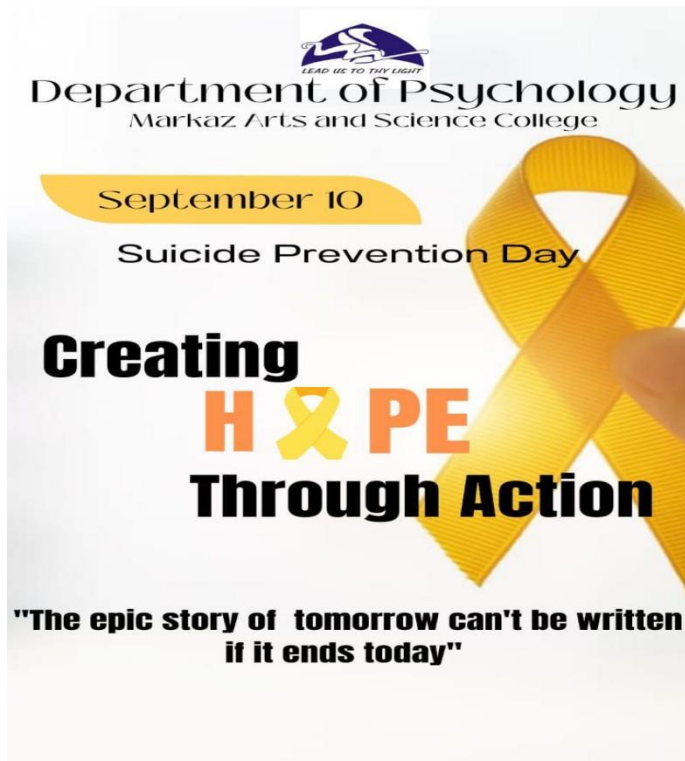
CLASS PTA - MEETINGS

- Parent - Teacher meeting for 2nd year psychology students were conducted on 3rd August, 2023 . The principal of the college, head of the department, other teaching staffs and 30 parents had attended the meeting; and had a discussion on first internal examination marks, student's attendance report and new teaching - learning methods.
- Parent - Teacher meeting was conducted for fifth semester psychology students on 7th August 2023. The principal of the college, head of the department, other teaching staffs and 26 parents had attended the meeting; and had a discussion on 4th semester examination marks, student's attendance reports and new teaching - learning methods.
- Department of psychology was conducted parent - teacher meeting for first semester students at Markaz Arts and Science College on 28th February, 2023. Parents were given an orientation class by the Head of the Department, Dr Vineetha K.J about the course and scope of the subject . The Advisor, Anagha K S gave detailed talk on the rules and regulations to be followed in the college, internal mark structure and other important aspects.

SUICIDE PREVENTION WEEK

World Suicide prevention day was established in 2003 by international association for suicide prevention. Creating hope through action is the triennial theme for a gentle reminder that there is alternative to suicide, to create hope, inspire confidence and find light in all of us.

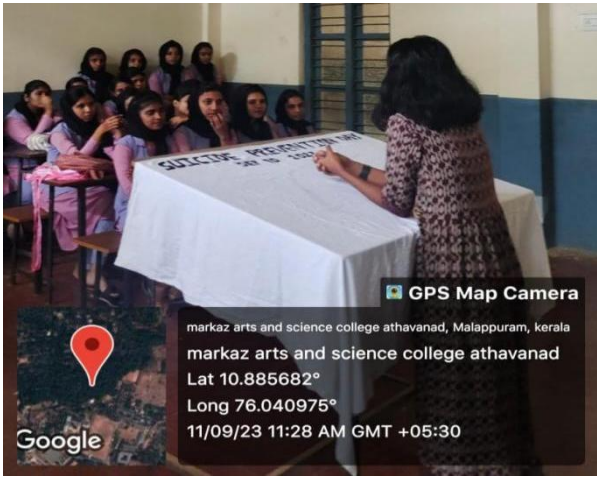
Department of Psychology organized Suicide Prevention Week awareness programme from 11th September 2023 to 18th September 2023. The theme of 2023 suicide prevention day was “ *Creating Hope Through Action* ”.



The program was inaugurated by Dr. Vineetha K J (HOD, Department of Psychology) by giving yellow ribbon to student representatives. Yellow ribbon symbolize hope, happiness, optimism and joy . Faculties and students wore the yellow ribbon as a part of awareness and also distributed it among teaching and non-teaching staffs of the college.

Ms. Ramya Krishnan (assistant professor, Department of Psychology) delivered a speech about the celebration of suicide prevention week. As a part of the inauguration program, students conducted a 10 minutes brief awareness campaign in every classes, pasted posters all over the campus and also displayed a hand printed poster at the main block.





**“ WHO DRAWS THE LINE BETWEEN SUICIDE AND MURDER”
TALK ON SUICIDE PREVENTION DAY**

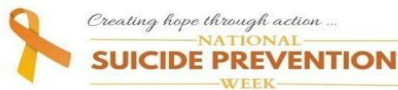
Date : 14/ 09/2023

Venue: MMC Hall

Speaker: Kavitha G Bhaskaran

Research Scholar , Department of Psychology, University of Calicut

On 14th september , Kavitha G Bhaskaran (Research Scholar , Department of Psychology, University of Calicut) delivered a talk on the topic ‘ Who draws the line between suicide and murder? ’ at MMC Hall. The resource person discussed about the root cause of suicide, and psychologist’s role in it. After the session, students participated in an open discussion with the resource person and clarified their doubts. 46 students were participated in the session.



A talk on,

**“ Who draws the line between
suicide and murder? ”**

KAVITHA G BHASKARAN

RESEARCH SCHOLAR
DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF CALICUT

**SEPTEMBER 15, 2023 | 11:30 AM
MMC HALL**



Department of Psychology
Markaz Arts and Science College



POSTER MAKING AND LETTER WRITING COMPETITION

Department also conducted poster making competition and letter writing competition on the topic 'Koodeyund' as a part of the programme. Department programme related to suicide prevention week wind up with the presentation of a mime by the students in-front of the campus main block. 30 minutes mime discussed about various leading causes leads to suicide among the youngsters including exam failure, addiction, family issues, relationship issues etc.

DEPARTMENT OF PSYCHOLOGY
Markaz Arts & Science College
Karthala-Valanchery

NATIONAL
SUICIDE PREVENTION
WEEK

Let's
Creat Hope Through Action

YOU MATTER!

- POSTER MAKING -13-09-23
- MIME
- LETTER WRITING -11-09-23 to 15-09-23
- AWARENESS PROGRAM

WE INVITE YOU TO JOIN US
#BeTheLight

DEPARTMENT OF PSYCHOLOGY
Markaz Arts & Science College
Karthala-Valanchery

NATIONAL
SUICIDE PREVENTION
WEEK

YOU! MATTERS!

11-15 Sep 2023
Monday-Friday

LETTER WRITING COMPETITION

Topic: "കൂടെയുണ്ട്"

#BeTheLight
Creating Hope Through Action

DEPARTMENT OF PSYCHOLOGY
Markaz Arts & Science College
Karthala-Valanchery

LETTER WRITING COMPETITION

പ്രിയപ്പെട്ടവർ നഷ്ടപ്പെടുന്നതിനെ കുറിച്ച് വ്യഥാ ചിന്തിക്കുവാൻ പോലും കഴിയാത്തവരല്ലേ നമ്മൾ? ഒരു പക്ഷേ "കൂടെയുണ്ട്" എന്നൊരു വാക്കു പറഞ്ഞിരുന്നെങ്കിൽ, മുൻവിധികളില്ലാതെ നിരൂപാധികാ ഒന്നു ചേർത്തു പിടിച്ചിരുന്നെങ്കിൽ, അവർക്കായി കണ്ണും കാതും തുറന്നു വെച്ചിരുന്നെങ്കിൽ, ഇന്നും നമ്മോട് കൂടെയുണ്ടാകുമായിരുന്ന ഒരുപാട് ജീവനുകളാണ് പൊലിഞ്ഞു പോയിട്ടുള്ളത്...

ജീവിതത്തെ മടുത്തു തുടങ്ങിയ എല്ലാം അവസാനിപ്പിച്ചിരുന്നെങ്കിൽ എന്ന് തോന്നി തുടങ്ങിയ നിങ്ങളുടെ പ്രിയപ്പെട്ടവർക്ക്, അവരെ ചേർത്തു പിടിക്കുന്ന ജീവിതങ്ങൾ പ്രേരിപ്പിക്കുന്ന തരത്തിലുള്ള ഒരു കത്ത് എഴുതിയാലോ?

നിയമാവലികൾ :

- ഇഷ്ടമുള്ള ഭാഷയിൽ എഴുതാവുന്നതാണ്.
- വെള്ളി 3:30 ന് മുമ്പായി കോളേജ് ക്യാമ്പസിൽ സ്ഥാപിച്ചിട്ടുള്ള ലെറ്റർ ബോക്സിൽ നിക്ഷേപിക്കുക

NATIONAL
SUICIDE PREVENTION
WEEK



WORLD MENTAL HEALTH DAY

World mental health day 2023 is an opportunity for people and communities to unite behind the theme “mental health is a universal human right” to improve knowledge, raise awareness and drive actions that promote and protect everyone’s mental health as a universal human right.

Department of Psychology organized World Mental Health Day celebration on October 13th 2023, by conducting two regional seminars at MMC hall.

First session started at 10:00am , and was taken by Dr. Prajeesh Palandhara(Psychologist, Trust Center for Mindful Living) on the topic “ Kalalaya Jeevithavum Manasikaarogyavum” . The resource person talked about the major aspect of mental health in life of youth , particularly in the context of college life. He included mental health, its importance in student’s life, how we can overcome mental health problems, role of psychologist and role of psychology students in the uplift of society and the people around them. It was a one hour session, through his presence of mind and experience, the resource person make it as an expert talk in a less period of time.



WORLD MENTAL HEALTH DAY | OCTOBER 10

ലോക മാനസികാരോഗ്യ ദിനം
ബോധവൽക്കരണ പരിപാടി

**കലാലയ ജീവിതവും
മാനസികാരോഗ്യവും**

2023 ഒക്ടോബർ 13 വെള്ളി - 10:00 AM
എം. എം. സി ഹാൾ



ഡോ. പ്രജിഷ് പാലത്തം
സൈക്കോളജിസ്റ്റ്
ബ്രണ്ണി സെന്റർ ഫോർ മൈൻഡ് ഫോർ എല്ലാവരും - കോഴിക്കോട്

സൈക്കോളജി ഡിവിഷൻ/മെൻ്റ് | മർകസ് ആർട്സ് & സയൻസ് കോളേജ്



Second session was handled by Dr.Ramshida A P on the topic “ Freudian Perspective on Dream Work”. The session started at 11:00 am, and students representative Muhammed Shakkir N.K gave a brief introduction about the resource person. Resource person discussed about the Freudian perspective on dream analysis and interpretation with his one case examples. She also discussed the stereotypes about dream analysis in the society. The session was found to be effective and useful. Students got a great idea about one of the major concepts in psychology.76 students were participated from Psychology department in which 19 from UG first year, 20 from UG 2nd year, 22 from UG 3rd year, 10 and 5 students from each PG classes respectively.



WORLD MENTAL HEALTH DAY | OCTOBER 10

World Mental Health Day
SEMINAR

**Freudian perspective
on dream work**

2023 OCTOBER 13 FRIDAY - 11:00 AM
M.M.C HALL



Dr Ramshida A P
Assistant Professor
Department of Psychology
University of Calicut

Department of Psychology | Markaz Arts and Science College



CAREER GUIDENCE PROGRAMMES

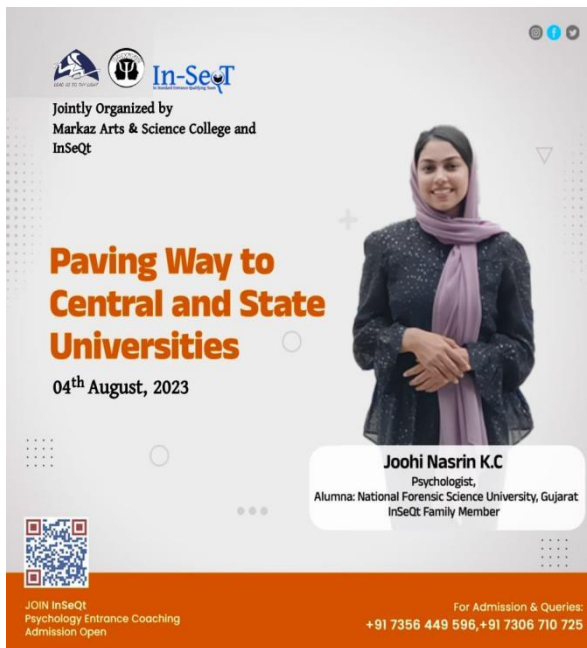
“PAVING WAY TO CENTRAL AND STATE UNIVERSITIES”

ENTRANCE ORIENTATION CLASS

Date : 04/08/2023

Venue : MMC Hall

Department of Psychology in association with InSeQt organized a PG entrance orientation class for UG 2 nd and 3 rd year students on 4 th August 2023. Joohi Nasrin K C (Alumni: National Forensic Science University, Gujarat; InSeQt member) took the class on the topic “ Paving way to Central and State Universities”. The resource person included the step for entrance preparation after degree, relevance of state and central universities, exam patterns and ranking in various universities across India. It was an effective session which motivated students to dream and achieve their journey after degree course.



Psychology Entrance and NET Orientation Program

The PAMTIC, Association of Department of Psychology, organized a comprehensive Psychology Entrance and NET Orientation Program on the 9th of February 2024. The session was conducted by Muhammed Rashid, a distinguished departmental alumni, currently pursuing his Ph.D. at NIT, Kurukshetra, and co-founder of Team InPsyGht. Mr. Rashid provided valuable insights into effective strategies for success in PG entrance examinations and the UGC-NET also dynamic nature of syllabuses and examination models for the UGC-NET. Practical guidance was offered on navigating the journey to becoming a research scholar at prestigious national institutes and shared his experiences and shed light on the vast scope and opportunities in the field of research within psychology. The session covered exam patterns and provided a comparative analysis of rankings across various universities in India, aiding students in making informed choices. The interactive session facilitated a meaningful exchange of ideas and information, leaving participants well-equipped for their future endeavour in the field of psychology.



The image displays a promotional poster for the orientation program on the left and a photograph of the event on the right. The poster features a circular portrait of the guest speaker, Muhammed Rashid, at a podium. To the right of the portrait, the text identifies him as the guest, a department alumni, PhD scholar at NIT Kurukshetra, and co-founder of Team InPsyGht. A clock icon indicates the time slot from 02:00 PM to 03:30 PM. The main title of the session is "The Road Ahead : advanced studies in Psychology". At the bottom of the poster, the organizing body is identified as the Psychology Association for Motivated, Trained & Innovative Collegians, Department of Psychology, Markaz Arts and Science College. The photograph on the right shows a man in a blue shirt addressing a group of students seated in a room. A GPS overlay at the bottom of the photo provides the location as Valancheri, Malappuram, Kerala, at Markaz arts and science college athavanad, with coordinates Lat 10.884282° and Long 76.025954°, and a timestamp of 09/02/24 02:55 PM GMT +05:30.

GUEST
MUHAMMED RASHID
Department Alumni
PhD Scholar, NIT Kurukshetra
Co-founder, Team InPsyGht

TIME
02:00 PM - 03:30 PM

“The Road Ahead : advanced studies in Psychology”

Psychology Association for Motivated, Trained & Innovative Collegians
Department of Psychology
Markaz Arts and Science College

Valancheri, Malappuram, Kerala
Markaz arts and science college athavanad
Lat 10.884282°
Long 76.025954°
09/02/24 02:55 PM GMT +05:30

Inauguration of PAMTIC (Psychology Association for Motivated Trained Innovative Collegians) - Psychology Department Association

The inauguration ceremony of the Psychology Department Association, PAMTIC, took place on the 9th of February 2024, marking the commencement of a promising academic endeavor. Dr. Prajeesh Palanthara, a distinguished senior psychologist from the Trust Centre for Mindful Living, graced the occasion as the chief guest, inaugurating the program and delivering an insightful class on "The Road Ahead: Your Role as a Psychologist." Dr. Palanthara, in his class, provided valuable guidance on the diverse roles and responsibilities of psychologists in various branches of the field and he elaborated on the scope of different branches, including Clinical Psychology, Counseling Psychology, Health Psychology, Forensic Psychology, Sports Psychology, Educational Psychology, and Industrial Psychology.

A comprehensive overview of the different courses offered by various universities in India was presented, highlighting the distinctions between each course and field. Dr. Prajeesh Palanthara delved into the intricacies of personality disorders, providing students with insights into the complexities of psychological disorders. The event succeeded in fostering enthusiasm among students, setting a positive tone for their academic and professional pursuits in the dynamic and multifaceted realm of psychology.



PAMTIC
ASSOCIATION INAUGURATION
Department of Psychology
Markaz Arts and Science College Karthala

FRIDAY
09 FEBRUARY 2024

TIME
10:00 AM - 03:30 PM

INAUGURATION
DR PRAJEESH PALANTHARA
Senior Psychologist
TRUST centre for mindful living
Ernakulam, Calicut



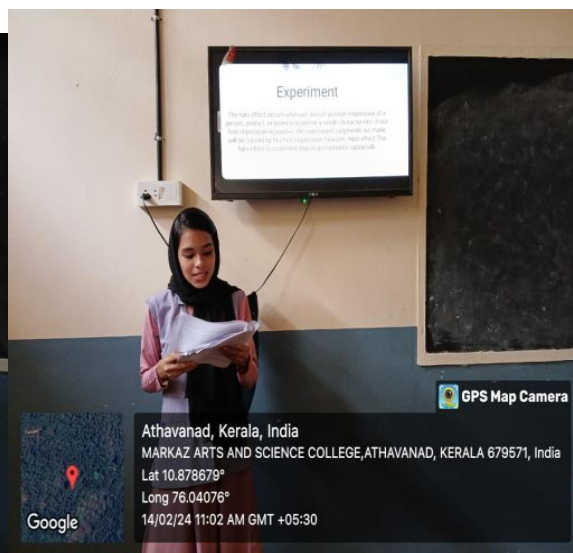
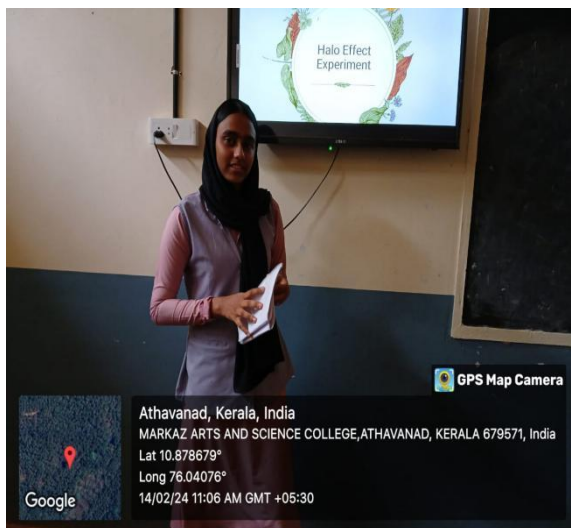
SKILL DEVELOPMENT PROGRAMMES

PPT PRESENTATIONS

Date: 14/02/2024, 15/02/2024, 16/02/2024

Venue : 3 rd Year BSc Psychology Classroom

The seminar presentation aimed to enrich the presentation skills of final-year degree students through discussions on psychological experiments and case studies. The session was held under the supervision of Ms. Asisha K J , Assistant Professor, Department of Psychology, Markaz Arts and Science College Athavanad. The session commenced with an overview of key presentation elements, such as structuring content, engaging visuals, and effective delivery techniques. We delved into notable psychological experiments, including the Stanford Prison Experiment and the Milgram Obedience Study, fostering critical analysis and discussion among participants. Case studies, ranging from cognitive psychology to behavioral therapy applications, were explored to demonstrate real-world implications of psychological theories. Interactive activities like mock presentations and peer feedback sessions were integrated to encourage active participation and refine communication abilities. Overall, the seminar provided a comprehensive platform for students to enhance their presentation proficiency while gaining valuable insights into the fascinating realm of psychological research and applications.



WRITING IN APA STYLE

Department of Psychology, Markaz Arts and Science College, Athavanad conducted a seminar on the topic “APA STYLE OF WRITING” on 13 th February 2024 at MMC Hall. The speaker of the program was Ms. Asisha K J, Assistant professor of the department. 29 students from the department participated in the session.

The seminar on APA writing based on the APA 7th edition provided participants with a detailed understanding of the essential elements of APA style. Through discussions on style, levels of heading, formatting rules, in-text citations, and reference list formatting, attendees gained insights into creating well-structured and professionally presented academic papers. The session emphasized clarity, conciseness, and adherence to grammar and punctuation guidelines, ensuring that participants could produce papers that meet the standards of scholarly writing. Overall, the seminar equipped participants with the knowledge and skills needed to confidently apply APA 7th edition guidelines in their academic work, enhancing their ability to communicate research effectively.

Markaz Arts and Science College, Athavanad

DEPARTMENT OF PSYCHOLOGY

in association with

IQAC



WRITING IN APA STYLE

RESOURCE PERSON

	13/02/24
	MMC HALL
	09.45AM



Ms. Asisha KJ

Asst. Professor, Dept. of Psychology,
Markaz Arts and Science College

**PAMTIC ASSOCIATION | DEPARTMENT OF
PSYCHOLOGY | MARKAZ ARTS AND SCIENCE
COLLEGE, ATHAVANAD**

Institutional visit

The Department of Psychology at Markaz Arts and Science College, Athavanad, organised a two-day Institutional Visit on the date of November 29, 2023, Wednesday, escorting a cohort of eager learners to the Hassan Institute of Medical Science (HIMS) nestled in the heart of Karnataka.

With a team comprising 19 second-year UG students, 16 third-year UG students, 9 first-year PG students, and 4 second-year PG students, the entourage was gracefully accompanied by the guiding presence of faculty members – Miss Ramya, Miss Fahmitha, and Miss Asisha, gathering at the college gates at around 8:30 pm, marking the commencement of this journey.



EXTENSION ACTIVITIES

Empowering Parenthood: Insights and Strategies for Effective Parenting

Date :04/06/2023

Venue: Compassion foundation

On 4th of June 2023, first -year pg students of Department of Psychology, Markaz Arts and Science college , Athavanad, organized a comprehensive class at the Compassion Foundation, catering specifically to parents. The session was meticulously structured to cover crucial topics essential for effective parenting. The discussion commenced with a detailed exploration of the concepts of good touch and bad touch, emphasizing the significance of teaching children about body boundaries and personal

safety from a young age. The students employed interactive methods, such as role-playing scenarios and open discussions, to ensure that parents grasped these sensitive yet critical subjects with depth and clarity.

Following this, the session delved into an examination of various parenting styles, elucidating the characteristics and impacts of authoritative, permissive, and authoritarian approaches. Through real-life examples and practical advice, the students helped parents understand the dynamics of each style and encouraged them to reflect on their own parenting methods. Additionally, the importance of fostering a nurturing and supportive environment at home was highlighted, emphasizing the profound influence of positive parenting on a child's development and well-being.

Overall, the class at Compassion Foundation served as an enlightening and empowering experience for parents, equipping them with valuable insights and tools to navigate the complexities of parenthood effectively.



SELF DEVELOPMENT WORKSHOP ON STRESS MANAGEMENT AND SOCIAL SKILLS

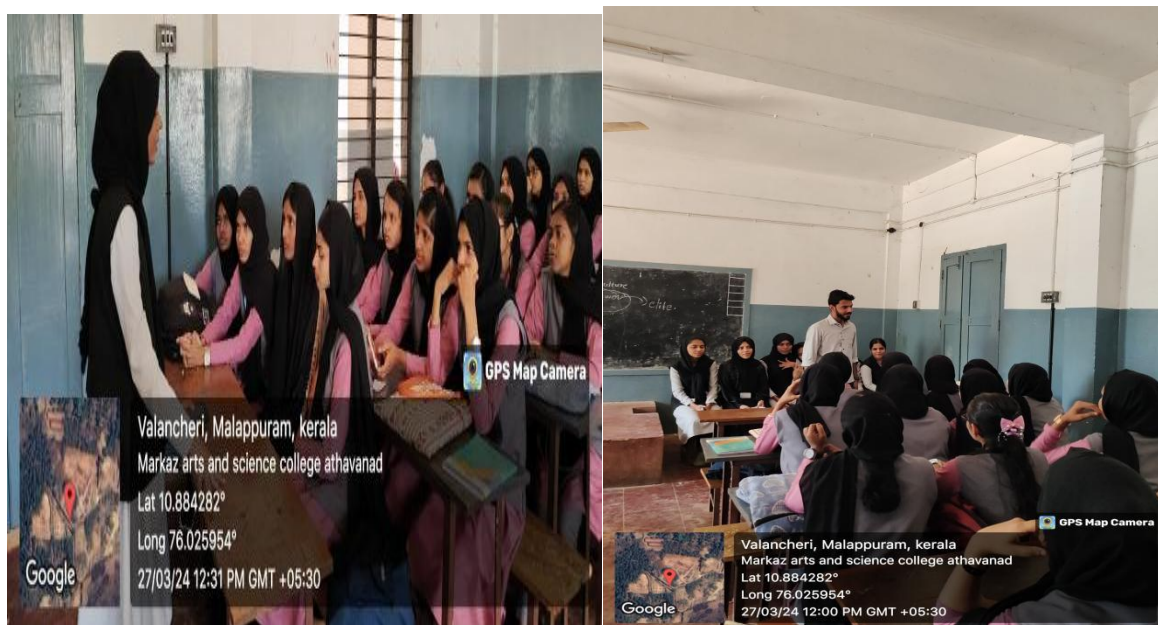
Date :27/03/2024

Venue :English department

On March 27th, 2024, Second-year postgraduate students of Department of Psychology, Markaz Arts and Science College Athavanad, organized a comprehensive session for First-year UG English Department students as part of their Self-development paper. The session was divided into two parts, focusing on stress management and social skills enhancement. Ten students from the psychology class were split into two groups to facilitate the session effectively.

The stress management segment covered topics such as identifying stressors, coping mechanisms, relaxation techniques, and time management strategies. Practical exercises like deep breathing and mindfulness were demonstrated to help students deal with academic and personal stressors efficiently.

The social skills part delved into effective communication, active listening, conflict resolution, and building healthy relationships. Role-playing activities and group discussions were incorporated to foster practical application and understanding. The one-hour session aimed to equip the first-year students with valuable tools and insights to navigate academic challenges and interpersonal interactions successfully.



PSYCHOLOGY LAB VISIT

Date: 21/ 02/ 2024

Venue: Psychology lab

The extension program conducted for students from AL-GAITH Islamic & Arts College for girls (WAFIYYA) was a successful endeavor that aimed to introduce students to psychological experiments. The program was conducted at Psychology lab of Department of psychology on 21 st February 2024 . 13 students from AL-GAITH Islamic & Arts College for girls participated in the session.

The program included an introductory session by HOD of the Department, Dr. VineethaK J, focusing on the fundamentals of psychological experiments. Assistant professors Ms.Asisha K J and Ms.Hasbeena K , facilitated demonstration classes, showcasing various psychological tests, tools, and batteries. These sessions were held in the psychology lab, providing students with a hands-on learning

experience. The program not only expanded students; knowledge of psychological experiments but also encouraged their active participation and engagement with practical applications in the field of psychology.



NATIONAL WEBINAR

TOPIC;QUANTITATIVE ANALYSIS- First Session

VENUE: GOOGLE MEET

DATE; NOVEMBER 15.2023

The programme started with welcome speech by Miss Ramya krishan (Assistant professor of psychology department).Dr.Vineetha.K.J (HOD of psychology department) delivered the presidential address . The session was handled by Dr.Soumya Thankam Varghese (Assistant Professor, Jindal school of behavioural sciences,OP jindal Haryana).she introduced JAMOWI, is a free and open-source computer program for data analysis and performing statistical tests.There was twenty participants including teachers and PG students.Participants in the webinar were given a feedback form. All participants had very positive comments about the webinar. The session ended by delivering a vote of thanks by the PG student Abdul Rasheed.

TOPIC;BASIC DATA ANALYSIS USING JAMOWI SOFTWARE- Second session

VENUE: GOOGLE MEET

DATE; February 21.2024

The programme started with welcome speech by Miss Fahmitha A(Assistant professor of psychology department).Dr.Vineetha.K.J (HOD of psychology department) delivered the presidential address . The session was handled by Dr.Soumya Thankam Varghese (Assistant Professor,Jindal school of behavioural sciences,OP jindal Haryana) .She explained how to perform and interpret data analysis with JAMOWI

software. There were twenty participants including teachers and PG students. Participants in the webinar were given a feedback form. All participants had very positive comments about the webinar. The session ended by delivering a vote of thanks by the PG student Sumayya.

QUANTITATIVE ANALYSIS

SPEAKER

Dr. Soumya Thankam Varghese
Assistant professor
Jindal Institute of Behavioral Science
O. P Jindal Global University
Haryana

Students and faculties of Department of Psychology and other science subjects can participate

Registration link
<http://surveyheart.com/form/65da292f7c69e07643eaaaf0>

NOVEMBER 15
10 AM

LINK WILL BE PROVIDED AT THE TIME OF SESSION

CONTACT DETAILS ORGANIZING COMMITTEE

markazpsych23@gmail.com

9745457381
7658998409

V2MR+R7F, Athavanad,
Kerala 679571, India
21 Feb 2024 11:09 am

clear sky
30.0 °C



INAUGURATION OF BUDDY PROJECT

BUDDY is an interactive therapy toy that facilitates social interactions between autistic children and their parents by educating and training joint attention and emotional recognition. The simple form factor and mechanisms provide meaningful features, creating opportunities for parents and educators to improve the children's communication skills.

This project is being implemented in our college to provide an opportunity for students to be a part of this project. As part of that, Mr Abdul Gafoor, superintendent of college inaugurated this program and Dr Aboobacker sir also conducted one day training for students to understand about buddies project. About 60 students participated in this program and expressed their interest to become buddies.

MARKAZ ARTS & SCIENCE COLLEGE, ATHAVANAD

Department of Psychology
In association with
NSS Unit & IQAC

Inauguration of
BUDDY PROJECT
SOCIAL OUTREACH PROGRAM

31/01/24
MMC Hall
10:00 AM

ABDUL GAFOOR K M
College Superintendent
INAUGURATION

DR. CP ABOOBACKER
Retired Civil Surgeon & Psychiatrist
RESOURCE PERSON

PAMTIC Association | Department of Psychology | Markaz Arts & Science College, Athavanad



Arts Day

The college union, in association with Markaz Arts and Science College, conducted the 'Kalayugam' arts Festival 2023-24, held on February 29, 2024.



Most of the students from the department participated and and won prizes in the arts festival of the academic year 2023-24.

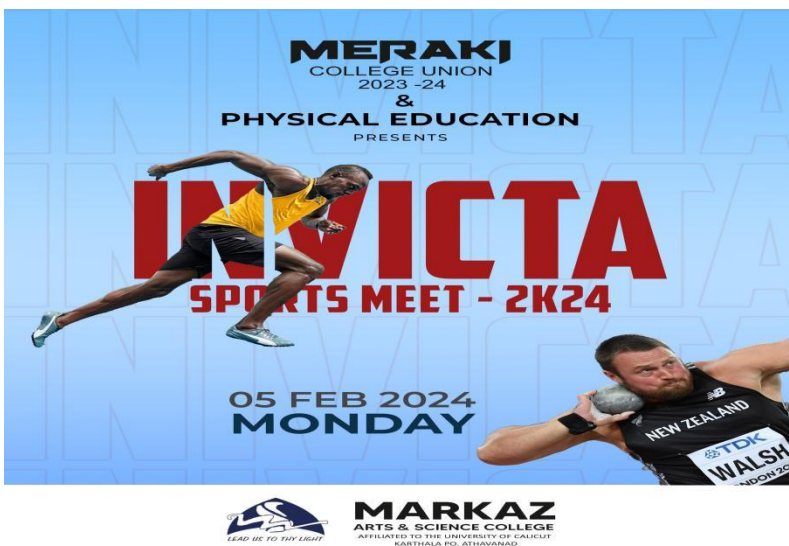
NAME	ITEM	Prize
MUHAMMED SHAKKIR 2 nd year MSc Psychology	ARABIC ESSAY WRITING	1 st Prize
SUBAIDA JASMINE 2 nd year MSc Psychology	HINDI ESSAY WRITING	2 nd Prize
DILNA 3 rd Year MSc Psychology	ENGLISH STORY WRITING	2 nd Prize
MUHAMMED SHAKKIR 2 nd Year MSc Psychology	ARABIC STORY WRITING	3 rd Prize

HENNA SHAFI 3 rd Year BSc Psychology	VERSIFICATION MALAYALAM	3 rd Prize
MUHAMMED SHAKKIR 2 nd MSc Psychology	ARABIC VERSIFICATION	1 st Prize
MUHAMMED SHAKKIR 2 nd MSc Psychology	EXTEMPORE MALAYALAM	1 st Prize
RAHEELA 3 rd BSc Psychology	EXEBROIDERY	2 nd Prize
SHIFNA & TEAM 3 rd BSc Psychology	MIME	2 nd Prize
NILOFAR KALAM & TEAM 3 rd year Psychology	FOLK DANCE	2 nd Prize
HEMA & TEAM 2 nd year Psychology	FOLK DANCE	3 rd Prize
SREENANDITHA &TEAM 1 st year Psychology	FOLK SONG	1 st Prize
DILNA & TEAM 3 rd year Psychology	OPPANA	2 nd Prize
RIDHA & TEAM 1 st Year Psychology	OPPANA	3 rd Prize



Muhammed Shakkir ,2nd year MSc psychology was recognized as “SARGA PRATHIBHA”

SPORTS DAY



HENNA SHAFI Third year BSc Psychology	SHORT PUT	1 st PRIZE
SHAIMA 1 st year BSc Psychology	400 mtr	3 rd PRIZE
RAHEELA 3 rd year BSc Psychology	DISCUS THROW	3 rd PRIZE
RAHEELA 3 rd year BSc Psychology	100 mtr	1 st PRIZE
HENNA SHAFI Third year BSc Psychology	JAVELIN THROW	1 st PRIZE

OPEN HOUSE

ABOUT US

Markaz Arts and Science College was started in 2003 at Markaz campus as one of the most important educational missions of Markazu Tharbiyyathil Islamiyyah Society, established in 1984. The College envisages offering innovative and fruitful courses to lead the new generations to brighter future. The Markaz Arts and Science College aims at molding tomorrow's leaders who are intellectually competent, spiritually matured, psychologically strong, physically healthy and socially acceptable. We envisage a society with full of love, truth, justice and peace.



Contact us
markazcollege@gmail.com
www.markazcollege.ac.in
+91 96333 0635



MARKAZ ARTS AND SCIENCE COLLEGE
(Affiliated to the University of Calicut)
Markazu Tharbiyyathil Islamiyyah, Atharvada, Near Valaduru,
P.O. KATHALA, THIRUVANANTHAPURAM DISTRICT, KERALA
PIN: 9633 30635, 9300 636 591 | markazcollege@gmail.com | www.markazcollege.ac.in



**OPEN HOUSE
2024**

ACADEMIC- PUBLIC INTERFACE
28 FEBRUARY 2024

COOPERATION:
MUNICIPAL SCIENCE CENTRE, KONDOTTY &
CHANDAMBALLY AYURVEDA VAIDYA SALA
ORGANIZED BY:
INTERNAL QUALITY ASSURANCE CELL (IQAC)

As part of the open house program, the psychology department organized an exhibition and a special program “Ghost House”.

EXHIBITION



GHOST HOUSE



CERTIFICATE COURSES

- Course name :Marital wellbeing
Participants: 32 students.
- 22 students registered in the SWAYAM COURSE

CONCLUSION

Concluding this report, I express my heartfelt gratitude to , Principal, Members of the management committee, members of teaching and non-teaching staff, parents, members of college union and all students for their sincere cooperation and assistance bestowed upon this department.

