

National Service Scheme

University of Calicut

Annual Report 2025-2026

1. Name of College: - MARKAZ ARTS AND SCIENCE COLLEGE, ATHAVANAD

2. Unit No: 194

3. Name of Programme Officer: SHARAFUDHEEN K

4. Adopted Village: ATHAVANAD AMBALAPPARAMBU , KARTHALA, VALANCHERI MUNICIPALITY.

5. Enrolment Details: (2025-2026)

	OBC		SC		ST		TOTAL		
VOLUNTEERS	Male	Female	Male	Female	Male	Female	Male	Female	TOTAL
FIRST YEAR	12	38	0	0	0	0	12	38	50
SECOND YEAR	14	36	0	0	0	0	14	36	50

Details of Special Camp

Details of the Camp (Place, date, Venue)	No of Volunteers attended			Work undertaken	Status of Work
	Male	Female	Total		
GLP SCHOOL PERUMPARAMB MOODAL. 24 – 30Dec 2025	14	36	50	Cleaning of School Surroundings School Beautification. Agriculture to School <u>Main Project</u> NARI MITHRA NAIPUNYA UYARE	

1 NSS ACTION PLAN

Date	Program & Associated Club	Key Objective / Theme	Target Audience / Venue	Resource Person / Collaborator
Apr 21, 2025	Talk on Education	Highlight "Knowledge is power" and the dissemination of truth.	College Campus	Adv. Aboobacker Sidheek
May 18, 2025	Seminar on Anti-Drugs	Raise awareness on drug abuse.	Seminar Hall	Jayakrishnan P.V.
Jun 05, 2025	World Environment Day Awareness Programme	"Beat Plastic Pollution"	College Campus	NSS Volunteers
Jun 25, 2025	Anti-Drug Campaign Reporting	Review of past activities and forward planning.	Seminar Hall	NSS Committee
Jun 26, 2025	Anti-Drug Campaign Event	Mass awareness drive ("say No to Drugs").	College Campus (10:15 AM)	Club Members
Jul 18, 2025	Anti-Drug Day Awareness Seminar (Vimukthi Club)	Educate on dangers of addiction and preventive measures.	College Campus	Mr. Jayakrishnan P.V. (Preventive Officer, Excise)
Aug 06, 2025	Blood Donation Camp	Promote community healthcare and voluntary donation.	College Campus (10:00 AM - 3:00 PM)	Government Hospital, Tirur
Aug 07, 2025	Traffic Awareness Program	Promote road safety and traffic rules.	College Campus	NSS Unit

Aug 14, 2025	Independence Day Celebration (MY Bharat)	Foster patriotism and healthy competition.	Intercollegiate Level	NSS & Club Coordinators
Aug 15, 2025	Community Engagement Program	Support early childhood education and creativity.	Anganavadi, Karthala	NSS Volunteers
Aug 27, 2025	Free Eye Check-up Camp	Provide free vision screenings for the local community.	Local Community	Government Hospital, Tirur
Aug 31, 2025	Pain and Palliative Day	Patient care and community support.	Valanchery Palliative Care Centre	NSS Volunteers & Center Staff
Sep 15, 2025	Debate Competition (Women Development Cell)	Discuss "Business v/s Environment: Can they coexist?".	College Campus	WDC Members
Sep 16, 2025	World Ozone Day & Environmental	Drive eco-responsibility and green	Cherulal	NSS Unit

Sep 20, 2025	LED Bulb Assembling Training Programme	Skill development and green energy promotion.	College Campus	Sabir P (Energy Management Centre)
Oct 22, 2025	Eye Check-up Camp	Rural healthcare and vision outreach.	Triprangode Village (Ward 5)	Medical Partner

Jan 10, 2026	Palliative Care Fund Collection	Resource mobilization for patient welfare.	Puthanathanin Area	NSS Volunteers
Jan 13, 2026	NSS Exhibition	Showcase volunteer talent and project milestones.	College Campus	NSS Unit

Jan 13, 2026	Clean Kerala Awareness Class	Educate on civic waste management and sanitation.	College Conference Hall (11:00 AM)	Clean Kerala Mission Representative s
Jan 14, 2026	Environmental Sustainability Awareness Class	Part of the Clean Kerala Mission objectives.	College Campus	Environmental Experts
Jan 15, 2026	Palliative Care Fund Collection	Institutional fundraising for health support.	Within the College	Students & Faculty

Jan 28, 2026	"Yuvathaykoppam" Anti-Drug Seminar (Vimukthi Mission)	Youth engagement against substance abuse.	College Campus	Inauguration: Shri K.T. Azadali (Panchayat President) Expert: Binu (VRC Hospital)
Mar 26, 2026	"Nerkkuneram" Drug-Free Debate Competition	Cultivate analytical discussion on remaining substance-free.	College Campus	Presided by: Principal Dr. C.P. Mohamed Kutty
Mar 30, 2026	Green Button Campaign	Foster eco-responsibility through interactive learning.	College Campus (1:30 PM)	Campaign Coordinators

BRIEF REPORT

2. CORE ACTIVITIES & OUTCOMES

2.1 Environmental Conservation & Tree Plantation

The college actively championed environmental sustainability through targeted interventions throughout the year. On World Environment Day (05/06/2025), volunteers launched an awareness campaign under the global theme "**Beat Plastic Pollution**," where they planted tree saplings across the college campus and distributed eco-friendly alternatives to eliminate single-use plastics. This green momentum continued on World Ozone Day (16/09/2025) with a campus-wide Tree Plantation Drive at Cherulal, coupled with the initiation of a comprehensive Plastic-Free Campus Drive aimed at expanding greenery and reducing the institutional carbon footprint. Further extending these efforts into the local community, volunteers executed a school compound cleaning drive and a localized plantation session at GLP School, Perumpamb Moodal, during Special Camp Day 2 on December 25, 2025.

2.2 Blood Donation

Demonstrating a strong commitment to civic responsibility and healthcare support, the institution organized a Voluntary Blood Donation Camp on August 6, 2025. The camp was conducted from 10:00 AM to 3:00 PM at the campus venue, in direct collaboration with the Government Hospital, Tirur. The event saw enthusiastic and widespread participation from both students and staff members who volunteered as donors.

2.3 Health / Eye / Immunization Camps

The unit successfully organized a series of three comprehensive eye check-up camps, examining over 200 beneficiaries and identifying 15 cataract cases for surgical intervention. The initiative began on August 27, 2025, with a Free Eye Check-up Camp at the Government Hospital, Tirur, serving over 100 patients and distributing comprehensive eye hygiene guidelines. On October 22, 2025, a One-Day Eye Check-up Camp was held at the AKMM Auditorium (Ward 5, Kainikkara) in Triprangode Village, where approximately 100 local residents were screened, and 6 detected cataract cases were officially referred to the Government Hospital for free surgeries. A similar One-Day Eye Check-up Camp was conducted for the rural public at Ambalapparambu (*date confirmation pending*), which successfully identified 9 cataract cases that were also referred to the Government Hospital for free surgical procedures. The healthcare outreach concluded during the special camp period with a Community Health Inspection on December 27, 2025 (Day 4), featuring field surveys, door-to-door health awareness, and screenings around the GLP School premises, followed by a Special Health and Care Session on December 28, 2025 (Day 5), led by Dr. Nabeel Haris, who provided specialized health guidance to volunteers and locals.

2.4 Awareness Programmes Summary (Chronological Order)

The academic years of 2025 and 2026 featured a continuous series of structured awareness campaigns. In 2025, activities commenced on January 10 with the SADGAMAYA Campaign's Legal Awareness Programme, led by Panel Lawyer Adv. Mubashir Kundoor, which focused on the legal consequences of drug addiction. This was followed by an educational talk on April 21 by Adv. Aboobacker Sidheek under the theme "*Knowledge is power.*" Anti-drug initiatives were heavily prioritized, featuring a seminar by Excise Preventive Officer Mr. Jayakrishnan P.V. on May 18, an evaluation meeting on June 25, campus-wide events including AI video screenings and a chess competition under the "*Say No to Drugs*" banner on June 26, and an additional Vimukthi Club seminar on July 18. Civic safety and national pride were addressed through a Traffic Rules Quiz on August 7 and the MY Bharat Independence Day Celebrations on August 14, which hosted intercollegiate quiz and patriotic song competitions. Community outreach involved a volunteer visit to the Karthala Anganavadi on August 15 to facilitate creative learning for children, alongside an Onam celebration hosted for patients at the Valanchery Palliative Care Centre on August 31. The

year concluded with a Women Development Cell debate on environmental coexistence involving 16 active debaters on September 15, a World Ozone Day plastic audit on September 16, and an LED Bulb Assembling Training Programme conducted by Sabir P from the Energy Management Centre on September 20.

In 2026, the focus shifted toward welfare and cleanliness, beginning with localized resource mobilization drives for the Palliative Care Fund in the Puthanathanin area on January 10 and within the college campus on January 15. The District Suchitwa Mission led an NSS Exhibition and a Clean Kerala Awareness Class on January 13, followed by a subsequent environmental sustainability class on January 14. Anti-drug campaigning resumed on January 28 with the Vimukthi Mission's "Yuvathaykoppam" Seminar, which was inaugurated by Panchayat President Shri K.T. Azadali and featured an expert session by Shri Binu of VRC Hospital. The campaign wrap-up included the "Nerkkuneram" Drug-Free Debate Competition presided over by Principal Dr. C.P. Mohamed Kutty on March 26, and the gamified Green Button Campaign on March 30, organized in coordination with the IQAC and Suchitwa Mission to promote eco-literacy through interactive learning games.

2.5 Swachh Bharat Abhiyan

In complete alignment with national sanitation goals, the Clean Kerala Initiatives were executed on January 13 and 14, 2026, delivering strategic awareness classes and actionable steps focused on institutional solid waste management. This complemented the sanitation work completed during the Special 7-Day Residential Camp, where volunteers successfully carried out a comprehensive school compound sanitation drive at GLP School on December 25, 2025, and undertook local road renovations on December 26, 2025.

2.6 Creation of Durable Assets

As a major structural milestone for the 2025-26 operational period, the unit successfully introduced formal campus plastic audits. This initiative culminated on September 16, 2025, with the official declaration and demarcation of a permanent, structural **Plastic-Free Zone** inside the campus areas at Cherulal.

2.7 Special 7-Day Residential Camp (ALA)

The Special 7-Day Residential Camp, themed "**ALA**," was successfully convened at GLP School, Perumpamb Moodal, from December 24 to December 30, 2025, hosting 50 dedicated student volunteers. The camp featured a series of vital community interventions, starting with an initial community proclamation march and dedicated agricultural labor sessions. Key educational segments included a palliative care session led by Sri Abdul Jabbar on December 26, the Narimithra women empowerment seminar, and a highly impactful "Uyare" para-sports awareness session on December 27 led by Mr. A. Maneesh, the 2012 T20 Blind Cricket World Cup Champion. The camp concluded its itinerary by fostering student capabilities through the Naipunia skill development program and hosting a cultural Gana Mela evening for the neighborhood community.

3. QUALITATIVE ACHIEVEMENTS & INNOVATIONS

The unit introduced several innovative operational models designed to ensure long-term community impact. On September 16, 2025, the campus established the **Plastic Audit & Zero-Plastic Zone Model** to build a sustainable, data-driven framework for eliminating single-use plastics on institutional grounds. For social welfare, the **Yuvathaykoppam Peer Counseling Model** was deployed on January 28, 2026, creating a structured, student-led network to counter substance abuse through peer support. Educational methodology was modernized on March 30, 2026, through the **Green Button Campaign**, which utilized a unique gamified approach to make civic responsibilities and eco-literacy highly engaging. Finally, the **Narimithra Women Empowerment** initiative on December 27, 2025, successfully created a replicable grassroots model that delivered vital gender and health awareness in strict alignment with Integrated Child Development Services

